C'mon And Squeeze Me!

級數: Improver

編舞者: Ron Kline (USA)

拍數: 48

音樂: Squeeze Box - McBride & The Ride

SHUFFLE FORWARD TWICE MAKING A ½ TURN RIGHT, STEP BACK, TOGETHER, SHUFFLE FORWARD

1&2 Small shuffle forward (right, left, right) starting a ½ turn right

牆數: 4

- 3&4 Small shuffle back (left, right, left) finishing the ¹/₂ turn
- 5-6 Step back right, step left next to right
- 7&8 Shuffle forward (right, left, right)

SHUFFLE FORWARD TWICE MAKING A ½ TURN LEFT, STEP BACK, TOGETHER, SHUFFLE FORWARD

- 1&2 Small shuffle forward (left, right, left) starting a ½ turn left
- 3&4 Small shuffle back (right, left, right) finishing the ½ turn
- 5-6 Step back left, step right next to left
- 7&8 Shuffle forward (left, right, left)

STEP PIVOT TWICE, ROCK STEP, SHUFFLE BACK MAKING A ½ TURN RIGHT

- 1-2 Step forward right, pivot ¼ left, weight left swaying hips with these steps
- 3-4 Step forward right, pivot ¼ left, weight left swaying hips with these steps
- 5-6 Rock forward right, recover weight left prepping heel left
- 7&8 Shuffle back (right, left, right) making a ½ turn right with the steps

STEP PIVOT TWICE, ROCK STEP, SHUFFLE BACK MAKING A ½ TURN LEFT

- 1-2 Step forward left, pivot ¼ right, weight right swaying hips with these steps
- 3-4 Step forward left, pivot ¼ right, weight right swaying hips with these steps
- 5-6 Rock forward left, recover weight right prepping heel right
- 7&8 Shuffle back (left, right, left) making a ¹/₂ turn left with the steps

PIVOT STEP SIDE, TOUCH, TURN STEP FORWARD, TOUCH, TWICE

- 1-2 Pivot ¼ left stepping side right, touch left next to right
- 3-4 Turn ¼ left stepping forward left, touch right next to left
- 5-6 Pivot ¼ left stepping side right, touch left next to right
- 7-8 Turn ¼ left stepping forward left, touch right next to left

Option on these steps: with elbows tight at sides and lower arms bent forward, turn both fists outward on the steps and inward, toward each other, on the touches. (squeeze box)

PIVOT STEP SIDE, CROSS BEHIND, ROCK STEP, CROSS BEHIND, ROCK, ROCK STEP

- 1-2 Pivot ¼ left stepping side right, cross step left behind right
- 3-4 Rock side right swaying hips right, recover weight left
- 5-6 Cross step right behind left, rock side left swaying hips left
- 7-8 Rock back right, step forward left

REPEAT

OPTIONAL ENDING

The song ends on counts 31 & 32 of the dance. Instead of making a half turn with the shuffle, make a full turn throwing arms up.



