

C'mon

拍數: 32 牆數: 4 級數: Beginner
編舞者: Judy Goutierrez (USA)
音樂: Come On Over (All I Want Is You) - Christina Aguilera



1st In Beg/Int. Non-Country At 2001 New Orleans Dance Mardi Gras. 1st In Beg/Int. Non-Country At 2001 Southern Nationals In Biloxi

RIGHT VINE WITH LEFT TOUCH BEHIND, LEFT VINE WITH TOUCH IN FRONT

- 1 Right foot step right
- 2 Left foot step behind right
- 3 Right foot step right
- 4 Left toe touch behind right

- 5 Left foot step left
- 6 Right foot step behind left
- 7 Right foot step left
- 8 Right toe touch in front of left

DEMI PRESS LUNGE TWICE, RIGHT TRIPLE, ½ PIVOT RIGHT

- 9 Right foot touch forward onto ball and lean into right (press knee towards floor)
- 10 Left foot recover weight onto left by pushing off with right
- 11 Right foot touch forward onto ball and lean into right (press knee towards floor)
- 12 Left foot recover weight onto left
- 13 Right foot step slightly forward
- & Left foot step beside right
- 14 Right foot step slightly forward
- 15 Left foot step forward & pivot turn ½ right
- 16 Right foot step in place

SIDE ROCK& CROSS (THESE STEPS SHOULD PROGRESS FORWARD)

- 17 Left foot rock to left side
- & Right foot step in place
- 18 Left foot step across and in front of right
- 19 Right foot rock to right side
- & Left foot step in place
- 20 Right foot step across and in front of left
- 21-24 Repeat step 17-20

LEFT KICK BALL CHANGE, ¼ RIGHT PIVOT AND PLAY

- 25 Left foot left kick forward
- & Left foot step on ball
- 26 Right foot step in place
- 27-28 Left foot step forward & turn ¼ right, with weight ending on left

29-32 Body sways (right-left-right-left)

Or 4 counts of whatever the music moves you to do. Get creative, making sure your weight ends on the left

REPEAT