C'est La Vie

拍數: 64 **牆數:** 0 **級數:**

編舞者: Mabel Thompson (UK)

音樂: C'est La Vie - Chely Wright

Position: Holding Hands, both on same foot

HOLD TWICE, WALKS FORWARD & KICKS

1-4 Step forward on left, hold, step forward on right, hold

5-8 Walk forward on left, right, left, kick right forward

TOE STRUT JAZZ BOX WITH ¼ TURN

1-4 Step right toe across left foot, drop heel, step back on left toe, drop heel

5-8 Step right toe to side making a ¼ turn right, drop heel, step left toe beside right, drop heel, OLOD

SIDE TOGETHER ¼ TURN, SCUFF, LOCK STEP, ¼ TURN, SCUFF

1-4 Step right to side, step left to right, step right to side making a ¼ turn right, scuff left, RLOD

5-8 Step forward on left, lock right behind left, step forward on left making a ¼ turn right, scuff right, ILOD

WEAVE, ROLLING GRAPEVINE

1-4 Step right to side, step left behind right, step right to side, step left over right

5-8 Step right to side, step left behind right, step right to side, step left over right

Dancers choice of weave or rolling grapevine on counts 5-8

SIDE HOLD, ROCK, RECOVER TWICE

1-4 Step right to side, hold, rock left behind right, recover on to right

5-8 Step left to side, hold, rock right behind left, recover on to left

SKATES WITH ¼ TURN, ROCK WITH ½ TURN

1-4 Making a ¼ turn right skate forward on right, LOD, hold, skate forward on left, hold

5-8 Rock forward on right, recover on to left, make ½ turn right on right, hold, RLOD

SKATES TWICE, HOLDS, STEP TURN STEP

1-4 Skate forward on left, hold, skate forward on right, hold

5-8 Step forward on left making ½ turn right, LOD, step forward on left, hold

STEPS HOLD TWICE, STEP LOCK

1-4 Step forward on right, hold, step forward on left, hold

5-8 Step forward on right, lock left behind right, step forward on right, hold

REPEAT