

C'est La Vie

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Roz Morgan (USA) & James Gregory (USA)
音樂: C'est La Vie (Remix Edit) - B*Witched



TOUCH, STEP, HEEL TWISTS, TOUCH, STEP, HEEL TWISTS

- 1 Touch right toe forward
- 2 Step right foot next to left foot
- 3&4 Twist heels right, left, center
- 5 Touch left toe forward
- 6 Step left foot next to right foot
- 7&8 Twist heels left, right, center

HEEL JACKS WITH CROSS, HEEL POPS TO RIGHT, SHUFFLE TO RIGHT

- &1 Step back on right foot, touch left heel forward
- &2 Step left foot in place, cross right foot over left foot
- &3 Step back on left foot, touch right heel forward
- &4 Step right foot in place, cross left foot over right foot
- 5 Lift and drop heels as you make 1/8 turn to right
- 6 Repeat
- 7&8 Shuffle to right on right, left, right

STOMP AND DRAGS, HEEL SPLIT, CLAPS

- 1 Stomp ball of left foot forward
- 2 Drag left foot next to right foot
- 3 Stomp ball of right foot forward
- 4 Drag right foot next to left foot
- 5 Keep toes together and open heels
- 6 Close heels (weight on left foot)
- 7-8 Clap, clap

SIDE ROCK STEPS, CROSS, UNWIND ½ TURN, COASTER STEP, STOMP

- 1&2 Rock right foot to right, rock left foot to left, cross right foot over left foot
- 3&4 Rock left foot to left, rock right foot to right, cross left foot over right foot
- 5 Unwind ½ turn to right
- 6&7 Step back on right foot, step left foot next to right foot, step forward on right foot
- 8 Stomp left foot slightly forward of right foot

REPEAT
