

# C'est La Vie

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Rick Bates (USA) & Deborah Bates (USA)  
音樂: Rockin' Robin - Bryan White



## BACK, CLAPS

- 1-2      Step back on right foot; raise hands up and diagonally to the right about eye level and clap
- 3-4      Step back on left foot; lower hands down and diagonally to the left about hip level and clap
- 5-6      Step back on right foot; raise hands up and diagonally to the right about eye level and clap
- 7-8      Step back on left foot; lower hands down and diagonally to the left about hip level and clap

## FORWARD SHUFFLES, MILITARY PIVOT TO THE LEFT, STOMPS

- 9&10      Shuffle forward (right, left, right)
- 11&12      Shuffle forward (left, right, left)
- 13-14      Step forward on right foot; pivot ½ turn to the left on right foot and shift weight to left foot
- 15-16      Stomp forward on right foot; stomp left foot next to right

## RIGHT FOOT SWIVEL, LEFT FOOT SWIVEL

- 17-18      Keeping left foot in place, swivel right heel to the right; swivel right toe to the right
- 19-20      Swivel right heel to the right; swivel right toe to the right and shift weight to the right foot
- 21-22      Keeping right foot in place, swivel left heel to the right, swivel left toe to the right
- 23-24      Swivel left heel to the right; swivel left toe to the right and shift weight to left foot

## HEEL HOOK PIVOT, FORWARD SHUFFLE, ROCK STEP, TURNING SHUFFLE

- 25-26      Touch right heel forward and diagonally to the right; pivot ¼ turn to the right on ball of left foot and hook right foot across left shin
- 27&28      Shuffle forward (right, left, right)
- 29-30      Step forward on left foot; rock back onto right foot
- 31&32      Shuffle in place (left, right, left) making a ½ turn to the left with these steps

## TOE TOUCHES, FOOT SLAPS, PIVOT STEP, TOE TOUCH, FOOT SLAP

- 33-34      Touch right toe to the right; cross right foot up and behind left leg and slap right foot with left hand
- 35-36      Touch right toe to the right; cross right foot up and in front on left leg and slap right foot with left hand
- 37-38      Bend right knee, bringing right foot up and to the right, slap with right hand; pivot ¼ turn to the right on ball of left foot and step right foot next to left
- 39-40      Touch left toe to the left; cross left foot up behind right leg and slap left foot with right hand

## ROLLING TURN TO THE LEFT, SCUFF, TURNING JAZZ SQUARE, SCUFF

- 41-42      Step to the left on left foot and begin a full rolling turn to the left traveling to the left; step on right foot and continue full rolling turn to the left
- 43-44      Step on left foot and complete full rolling turn to the left ; scuff right foot next to left
- 45-46      Cross right foot over left and step; step back on left foot
- 47-48      Step a ¼ turn to the right on right foot; scuff left foot next to right

## SIDE SHUFFLE LEFT, ROCK STEP, ROCKING CHAIR

- 49&50      Shuffle to the left (left, right, left)
- 51-52      Step back on right foot; rock forward onto left foot
- 53-54      Step forward on right foot; rock back onto left foot
- 55-56      Step back on right foot; rock forward onto left foot

**SIDE SHUFFLE RIGHT, PIVOTING ROCK STEP, FORWARD SHUFFLE, ROCK STEP**

57&58 Shuffle to the right (right, left, right)

59-60 Pivot  $\frac{1}{4}$  turn to the left on ball of right foot and step back on left foot; rock forward onto right foot

61&62 Shuffle forward (left, right, left)

63-64 Step forward on right foot; rock back onto left foot

**REPEAT**

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