

C Ya

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Rachael McEnaney (USA)
音樂: Bye Bye - Jo Dee Messina



RIGHT HEEL JACK, TOUCH, CROSS, LEFT HEEL JACK, TOUCH, CROSS

&1 Step back on right foot, touch left heel forward
&2 Step left foot in place, touch right toe next to left
3-4 Touch right toe out to right side, cross right foot in front of left
&5 Step back on left foot, touch right heel forward
&6 Step right foot in place, touch left toe next to right
7-8 Touch left toe out to left side, cross left foot in front of right

STEP BACK, ¼ TURN LEFT, RIGHT SHUFFLE, LEFT KICK BALL-CHANGE, LEFT KICK OUT-OUT

9-10 Step right foot back, step left foot to left side making a ¼ turn to the left
11&12 Step right foot forward, step left foot next to right, step right foot forward
13&14 Kick left foot forward, step ball of left foot in place, step right foot in place
15&16 Kick left foot forward, step left foot to left side, step right foot to right side

BUMP HIPS TO RIGHT, HIPS TO THE LEFT, RIGHT KICK & CROSS ROCK ¼ TURN LEFT

17-18 Bump hips to the right twice
19-20 Bump hips to the left twice (weight on left foot)
21&22 Kick right foot forward to right diagonal, step right foot to right side, cross left foot over right
23-24 Rock right foot out to right side, rock and return the weight to the left foot making a ¼ turn to the left

RIGHT SHUFFLE, STEP LEFT ½ PIVOT, STEP LEFT ¼ PIVOT, STEP FORWARD, TOUCH

25&26 Step right foot forward, step left foot next to right, step right foot forward
27-28 Step left foot forward, pivot ½ turn to the right (12:00)
29-30 Step left foot forward, pivot ¼ turn to the right (3:00)
31-32 Step left foot forward, touch right toe next to left

REPEAT
