

Byrd Walk

拍數: 48 牆數: 4 級數: Improver
編舞者: Knox Rhine (USA)
音樂: Walking to Jerusalem - Tracy Byrd



TWIST, RECOVER, TWIST, RECOVER:

- 1 Twist to right side on ball of left foot, step to right side with right foot and hitch-hike with right thumb
- 2 Twist to face forward on ball of right foot, place left foot next to right foot & bring right thumb back into waist
- 3 Twist to right side on ball of left foot, step to right side with right foot and hitch-hike with right thumb
- 4 Twist to face forward on ball of right foot, place left foot next to right foot & bring right thumb back into waist

TWIST, RECOVER, ¼ TURN TWIST, RECOVER:

- 5 Twist to right side on ball of left foot, step to right side with right foot and hitch-hike with right thumb
- 6 Twist to face forward on ball of right foot, place left foot next to right foot & bring right thumb back into waist
- 7 Twist ¼ turn to right side on ball of left foot, step forward with right foot and hitch-hike with right thumb
- 8 Touch left toe next to right foot & bring right thumb back into waist

WALK BACK, BACK, HOOK ½ TURN:

- 9 Step back with left foot
- 10 Step back with right foot
- 11 Hook left foot behind right foot
- 12 Pivot ½ turn to left on balls of both feet

WALK, WALK, HOOK, ½ TURN:

- 13 Step forward with right foot
- 14 Step forward with left foot
- 15 Hook right foot behind left foot
- 16 Pivot ½ turn to right on balls of both feet

CAMEL WALK FORWARD-RIGHT:

- 17 Step forward-right with right foot
- 18 Slide-lock left foot up behind right foot
- 19 Step forward-right with right foot
- 20 Touch left toe next to right foot

CAMEL WALK FORWARD-LEFT:

- 21 Step forward-left with left foot
- 22 Slide-lock right foot up behind left foot
- 23 Step forward-left with left foot
- 24 Touch right toe next to left foot

BACK TOE-HEEL, TOE-HEEL (SWING ARMS):

- 25 Touch right toe back, set fingers to "snap"
- 26 Drop right heel, "snap" fingers
- 27 Touch left toe back, set fingers to "snap"

28 Drop left heel, "snap" fingers

½ TURN HEEL-TOE, HEEL-TOE (SWING ARMS):

29 Pivot ½ turn right on ball of left foot, place right heel forward, set fingers to "snap"

30 Drop right toe, "snap" fingers

31 Touch left heel forward, set fingers to "snap"

32 Drop left toe, "snap" fingers

SIDE, BEHIND, & CROSS, & CROSS:

33 Step to right side with right foot

34 Step across behind right leg with left foot

& Step to right side with right foot

35 Step across in front of right leg with left foot

& Step to right side with right foot

36 Step across behind right leg with left foot

RIGHT ½ TURN MONTEREY:

37 Touch right toe to right side

38 Pivot ½ turn right on ball of left foot, place right foot next to left foot

39 Touch left toe to left side

40 Place left foot next to right foot

SIDE, BEHIND, & CROSS, & CROSS:

41 Step to right side with right foot

42 Step across behind right leg with left foot

& Step to right side with right foot

43 Step across in front of right leg with left foot

& Step to right side with right foot

44 Step across behind right leg with left foot

RIGHT ½ TURN MONTEREY:

45 Touch right toe to right side

46 Pivot ½ turn right on ball of left foot, place right foot next to left foot

47 Touch left toe to left side

48 Place left foot next to right foot

REPEAT
