Buzz Me Blues



拍數: 48 牆數: 4 級數: Intermediate

編舞者: Michele Perron (CAN)

音樂: Buzz Me Blues - Veronica Martell



TRIPLE FORWARD, FORWARD, FORWARD, FORWARD/ROCK, RECOVER/BACK, SIDE-ACROSS-SIDE-BEHIND, TURN

1&2	Left triple forward (left forward, right beside left, left forward)
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3-4 Right step forward; left step forward

5& Right rock/step forward; left recover/step back

6& Execute ¼ turn right with right step side right; left step across front of right (3:00)

Right step side right; left step crossed behind right
Execute ¼ turn right with right step forward (6:00)

FORWARD, TURN, FORWARD, SPIRAL TURN, STUTTER STEPS, FORWARD, TURN

1-2	Left step forward; execute ½ turn right with right step forward (12:00)
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3-4 Left step forward; execute full spiral turn right, keeping weight on left (12:00)

&-5 Right rock/step forward; left recover/step back &-6 Right rock/step back; left recover/step forward

7-8 Right step forward; execute ½ turn left with left step forward (6:00)

TRIPLE FORWARD, FORWARD/ROCK, RECOVER/BACK; BACK-ACROSS-BACK-BACK-ACROSS-TURN

18.2	Right triple forward (right forward, left lock/step forward & crossed be	hind right right forward)
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3 Left step forward

4& Right rock/step forward; left recover/step back

5& Right step back diagonal right (face diagonal); left step across front of right (face diagonal)

6& Right step back (face center); left step back diagonal left (face diagonal)

7-8 Right step across front of left (face diagonal); execute ¼ turn right with left step back (9:00)

COASTER BACK, TOUCH, TURN; COASTER BACK, FORWARD, TURN

1&2	Right step	back, le	eft step l	beside riaht	. riaht step	forward

3-4 Left toe/ball touch forward; execute ½ turn right, end with weight left (3:00)

5&6 Right step back, left step beside right, right step forward

7-8 Left step forward; execute ¼ turn right with right step side right (6:00)

CROSSING TRIPLE, SIDE-TOGETHER-ACROSS (SCISSOR STEP), TOUCH-TOGETHER-TOUCH-TOGETHER ACROSS, UNWIND

1&2	Left crossing triple (left across front of right,	right side, left across front of right)
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Right step side right, left step beside right, right step across front of left (scissor step)

Left toe/touch side left; left step beside rightRight toe/touch side right; right step beside left

7 Left toe/ball across front of right

8 Execute ½ unwind turn right, end with weight left (12:00)

HEEL-BALL-CROSS, HEEL-BALL-CROSS, FORWARD-BACK-TURN, CROSS-WALK (2X)

1&2	Right heel (dig) diagonal right forward, right step slightly back, left step across front of right
3&4	Right heel (dig) diagonal right forward, right step slightly back, left step across front of right

5& Right rock/step diagonal right forward, left recover/step back

6 Execute ½ turn right with right step forward (6:00)

7 Execute ¼ turn right with left step across front of right (cross walk) (9:00)

8 Right step across front of left (cross walk)

REPEAT

ENDING

Execute ½ turn right on count 32 and hit a pose