

Buttonz

拍數: 32 牆數: 4 級數: Intermediate/Advanced
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音樂: Buttons - The Pussycat Dolls



MAMBO FORWARD, COASTER CROSS, POINT & ½ TURN POINT, & HEEL & STEP

1&2 Rock forward right, replace weight to left, rock back right
3&4 Rock left to left side, replace weight to right, cross left over right
5&6 Point right to right side, turning ½ turn right close right to left, point left to left side
&7&8 Replace weight to left, touch right heel forward, close right to left, step forward left

CROSS, HOLD, LOCK WALK TWICE, KICK, BACK, CROSS, BACK, SIDE, CLOSE, HEEL

1-2 Cross right slightly over left, hold
&3-4 Lock step left behind right (&), walk forward right, left
5&6 Kick right foot forward, step back right, cross left over right
&7&8 Step back right, step left to left side, close right to left, touch left heel forward

& STEP, TURN ½, BACK HOOK, STEP LOCK, STEP, SWEEP, HIP TWICE

&1-2 Close left to right, step forward right, pivot ½ turn left (weight remains on right foot)
3-4 Step back left, hook right across left
&5-6 Step forward right(&), lock step left behind right, step forward right
7 Sweep left around & beside right
&8 Bump hips left right

STEP, KICK TWICE, COASTER STEP, CROSS POINT, BEHIND SIDE

1-2-3 Step left to left diagonal, kick right across left, kick right ¼ turn right
4&5 Step back right, close left to right, step forward right (coaster step)
6-7 Cross left over right, point right to right side
8& Step right behind left step left to left side

TOUCH, POINT, SLIDE, DIAGONAL SLOW MAMBO, BEHIND TURN STEP, STEP

1&2 Touch right toe beside left, point right to right side, slide right foot closed & up the left ankle
As you slide right foot up left ankle move to the left diagonal on ball of left foot
3-4-5- Cross rock right over left, replace weight to right, step right diagonally back
6&7 Step left behind right, step right ¼ turn right, step forward left
8 Step forward right

ROCK & ¼ TURN, FULL TURN, & STEP, HOLD, WALK TWICE

1&2 Rock forward left, replace weight to right, step left ¼ turn left
3-4 Turn a full turn left stepping right, left
&5-6 Step right forward (&), step left forward, hold
7-8 Step forward right, step forward left

REPEAT