

Buttons

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Angela Turi
音樂: Buttons - The Pussycat Dolls



LEFT-RIGHT-LEFT HIP BUMPS, RIGHT BUMP, LEFT BUMP

1&2 Hip bumps left, right, left forward (11:00)
3 Right hip bump forward (3:00)
4 Left hip bump back (5:00)

BACK CROSS, STEP, COASTER STEP

&5 Right back, left cross
6 Right back
7&8 Back left, right next to left, step forward left

½ TURN PIVOT/TWIST & RECOVER, KICK-BALL HEEL, & CROSS, ½ TURN LEFT, HIP BUMPS RIGHT-LEFT-RIGHT WITH SHOULDER SHRUGS

1-2 ½ turn pivot -twist to right (6:00) & ½ left (12:00)
3&4 Kick right forward, step right beside left, touch left heel forward
&5-6 Step left beside right, right cross over left, ½ turn unwind left
7&8 Keeping weight on right side, hip bumps right, left, right with shoulder shrugs

LEFT GRAPEVINE, HEEL JACK, RIGHT BACK, LEFT CROSS

1-2 Step left to left, step right behind
&3&4 Step left to side, touch right heel forward, step right back, left cross over right

¼ LEFT, BACK LEFT, HEEL JACK, BACK LEFT, STEP RIGHT FORWARD

5-6 Step back right as you make ¼ turn left, step left back
&7&8 Step right back, left heel touch, step left back, step right forward

STEP LEFT, RIGHT HITCH PUMP, RIGHT TOUCH SIDE, ¼ RIGHT PIVOT ON LEFT FOOT

1 Step left forward
&2 Right hitch with body pump (bringing upper body towards knee)
3 Right touch side
4 ¼ turn right pushing off of right foot pivoting on ball of left foot

STEP RIGHT TO SIDE, LEFT HITCH PUMP, LEFT TOUCH SIDE, LEFT PULL BACK

5 Step right down
&6 Left hitch with body pump (bringing upper body towards knee)
7 Left touch side
8 Backwards brush with left leg (with attitude)

REPEAT
