

Butterfly Two Step

拍數: 56 牆數: 4 級數: Improver
編舞者: Nicola Thompson (UK)
音樂: Love Is Like a Butterfly - Dolly Parton



LEFT STEP FORWARD, SWEEP RIGHT, LEFT CHARLESTON STEP, SWEEP BACK RIGHT LEFT, RIGHT COASTER STEP

1-2 Step forward on left, sweep step right foot forward
3&4 Sweep left pointing forward, sweep step back on left
5-6 Step sweeps back on right, then left
7&8 Step back on right, step left beside right, step forward on right

LEFT STEP FORWARD, PIVOT ½ TURN, LEFT SIDE TOGETHER, LEFT FORWARD, RIGHT STEP FORWARD, PIVOT ½ TURN, RIGHT SIDE TOGETHER, RIGHT FORWARD

1-2 Left step forward, pivot half turn right (weight on right) (facing 6:00)
3&4 Step left to left side, step right together, step forward left
5-6 Right step forward, pivot half turn left (weight on left) (acing 12:00)
7&8 Step right to right side, step left together, step forward right

LEFT SIDE TOGETHER, SIDE TOGETHER CROSS, RIGHT SIDE TOGETHER SIDE TOGETHER CROSS

1-2 Step left to left side and step right together
3&4 Step left to left side, step right together, cross left step in front of right
5-6 Step right to right side, step left together
7&8 Step right to right side, step left together, cross right step in front of left

LEFT SIDE ROCK, CROSS AND CROSS, HINGE ¼ TURN LEFT AND PADDLE ¼ LEFT

1-2 Rock left to left side, put weight back on right
3&4 Cross left in front, side step right to right, cross left in front
5-6 Step back on right slightly to right side with a ¼ turn left, step forward left (facing 9:00)
7-8 Step forward right, paddle ¼ turn left (put weight back on left) (facing 6:00)

RIGHT STEP FORWARD, SWEEP LEFT, RIGHT CHARLESTON STEP, SWEEP BACK LEFT RIGHT, LEFT COASTER STEP

1-2 Step forward on right, sweep step left foot forward
3&4 Sweep right pointing forward, sweep step back on right
5-6 Step sweeps back on left, then right
7&8 Step back on left, step right beside left, step forward on left

RIGHT SIDE TOGETHER, SIDE TOGETHER TURN, LEFT SIDE TOGETHER SIDE TOGETHER CROSS

1-2 Step right to right side, step left together
3&4 Step right to right side, step left together, turning ¼ left step forward on right (facing 3:00)
5-6 Step left to left side, step right together
7&8 Step left to left side, step right together, cross left step in front of right

RIGHT SWAY AND SWAY, RIGHT COASTER CROSS, LEFT SWAY X4

1-2 Step forward right swaying hips right and left
3&4 Step back on right, step left beside right, cross step forward on right
5-6 Step forward left swaying hips left, right
7-8 Sway hips left, right

REPEAT

