

Butterfly Boogie

COPPER **NOB**
STEPSHEETS

拍數: 56 牆數: 2 級數: Intermediate
編舞者: Scott Herbert (USA) & A. J. Herbert (USA)
音樂: Mi Vida Loca - Pam Tillis



HEEL SPLITS (BUTTERFLY), TAPS, TOE TOUCHES

- 1 Heels apart
- 2 Heels together
- 3 Heels apart
- 4 Heels together
- 5-6 Tap left heel forward twice*
- 7-8 Tap left toe back twice*

VINE LEFT, SLIDE RIGHT*

- 9 Step to left side with left foot
- 10 Step right foot behind left leg
- 11 Step to left side with left foot
- 12 Touch right toe beside left foot
- 13 Take a large step to right with right foot
- 14-15 Slide left foot towards right foot
- 16 Stomp left foot next to right foot

BODY TWIST, CHARLESTON

- 17 Twist body $\frac{1}{4}$ turn to left, swiveling both heels $\frac{1}{4}$ turn to right
- 18 Twist body $\frac{1}{2}$ turn to right, swiveling both heels $\frac{1}{2}$ turn to left
- 19 Step forward on left foot
- 20 Kick right foot forward
- 21 Step back on right foot
- 22 Touch left toe to back
- 23 Step forward on left foot
- 24 Kick right foot forward

TURNING JAZZ BOX, KNEE HITCH, HEEL TOUCH

- 25 Cross right foot over left
- 26 Step left foot back, making $\frac{1}{4}$ turn to left
- 27 Step right foot to right side
- 28 Step left foot beside right foot
- 29 Lift right knee up
- 30 Touch right heel forward
- 31 Lift right knee up
- 32 Step right foot next to left foot

FAN, SCOOT, STEP/SLIDES

- 33 Leaving left heel in place, swivel left toe/ball to left side
- 34 Leaving left heel in place, swivel left toe/ball back to center
- 35-36 Lifting left leg slightly, scoot forward on right foot twice
- 37 Step forward on left foot
- 38 Slide right foot forward next to left foot
- 39 Step forward on left foot
- 40 Slide right foot forward next to left foot

TOE SPLIT, HEEL SPLIT (BUTTERFLY), PIVOT TURNS

- 41 Toes apart
- 42 Toes together
- 43 Heels apart
- 44 Heels together
- 45 Step forward with right foot
- 46 Pivot ½ turn to left on ball of left foot
- 47 Step forward with right foot
- 48 Pivot ½ turn to left on ball of left foot

VINE, TWISTING VINE

- 49 Step to right side with right foot
- 51 Step left foot across behind right leg
- 51 Step to right side with right foot, turning ½ turn to right
- 52 Scuff left foot beside right
- 53 Step to left side with left foot
- 54 Step right foot across behind left leg
- 55 Step to left side with left foot
- 56 Bring right foot next to left foot

REPEAT

Each repetition of the dance alternates between starting with the left and right heel. This keeps the motion from moving the lines completely off the floor after two rounds. An easy way to remember is that the beginning or 'front' wall starts with the left foot, and the second or 'back' wall begins with the right foot

ALTERNATE STEPS 5-16:

- 5-6 Tap right heel forward twice
- 7-8 Tap right toe back twice

VINE RIGHT, SLIDE LEFT

- 9 Step to right side with right foot
- 10 Step left foot across behind right leg
- 11 Step to right side with right foot
- 12 Touch left toe beside right foot
- 13 Take a large step left with left foot
- 14-15 Slide right foot towards left foot
- 16 Stomp right foot next to left

FINISH

When using Mi Vida Loca, at the end of the dance the last three counts after the turning jazz box, stomp right-left-right and hold hands in air like a Flamenco Dancer to finish the dance!
