

Butterfly

拍數: 0 牆數: 0 級數:
編舞者: Bob Smith
音樂: Butterfly - Delta Goodrem



PART A

- 1&2 Using right foot rock to the right and cross in front of right foot
- 3&4 Using left foot rock to the left and cross in front of right foot
- 5&6 Rock right foot forward and bring right foot back together with the left foot
- 7&8 Rock left foot back and bring left foot back together with the right foot
- 1&2 Step right foot forward, quarter turn left, step right foot forward
- 3&4 Step left foot forward, quarter turn right, step left foot forward
- 5-6 Step right foot forward, step left foot forward
- 7-8 Step right foot forward and half turn right

PART B

- 1&2 Using right foot shuffle forward
- 3-4 Tap left toe back, keeping left heel raised half turn right
- 5 Swing right toe out drag in front of left foot
- 6 Swing left toe out drag in front of right foot
- 7&8& Rock right foot forward 1& ½ turn right
- 1-2 Step right foot forward, step left foot forward
- 3&4 Rock right foot forward, step right foot back
- 5&6 Cross left foot over right, cross shuffle back
- 7-8 Stomp right foot to the side, stomp left foot to the side. End of dance

SEQUENCE

At the end of the 2nd wall repeat Part B twice
On wall 5 repeat Part B once
On wall 6 dance to end of Part A and repeat Part A
Then repeat Part B to end
