

拍數: 64 牆數: 1 級數: Improver

編舞者: Yvonne Tam 音樂: Butterfly - Kotoh



RIGHT SIDE STEPS & LEFT SIDE STEPS

1-4 Right step to side, left step beside right, right step to side, left touch beside right
5-8 Left step to side, right step beside left, left step to side, right touch beside left

FORWARD WALK & BACK STEPS

9-12 Right step forward, left step forward, right step forward, left kick front 13-16 Left step back, right step back, left step back, right touch beside left

SINGLE SIDE STEPS & DIAGONAL FORWARD STEPS

17-20 Right step to side, left touch beside right, left step to side, right touch beside left

21-24 Right step diagonal forward (facing 10:00), left touch beside right, left step diagonal forward

(facing 2:00), right touch beside left

SINGLE SIDE STEPS & DIAGONAL BACK STEPS

25-28 Right step to side, left touch beside right, left step to side, right touch beside left

29-32 Right step diagonal back (facing 10:00), left touch beside right, left step diagonal back (facing

2:00), right touch beside left

SYNCOPATED SIDE STEPS

33-36 Right step to side, left step beside right, right step to side, left step beside right, right step to

side, left touch beside right (1&2& 3 4)

Left step to side, right step beside left, left step to side, right step beside left, left step to side,

right touch beside left (5&6&7 8)

FORWARD WALK & BACK STEPS (SAME AS COUNTS 9-16)

41-44 Right step forward, left step forward, right step forward, left kick front Left step back, right step back, right touch beside left

SIMULATED BUTTERFLY MOVEMENT

49-56 Roll right knee in and right arm in

50 Roll knee out and arm out with palm facing front

51 Roll left knee in and left arm in

Roll left knee out and left arm out with palm facing front

Roll both knees inward with both arms crossed in front and palms facing in Roll both knees outward stretching both arms out with palms facing front

55 Bend both knees in while bringing up both arms up around the back of the neck

Throw both arms out above the head ending with finger snap in front and above the head

FULL TURN CIRCULAR WALKS

Right step forward, left step to left(10:00) and keep walking in a circle (to the left) right, left,

right, left, right, left until face front with alternating up and down arm movement symbolizing

the wings of the butterfly

REPEAT

This can be a 4-wall intermediate line dance by making the full turn to ¾ turn in the last 8 counts (57-64) as well as applying the following variations

1-8 Right vine with a touch, left rolling vine with a touch

9-16	Right hop forward with a kick (or boogie walk), left mashed potato back steps with a touch (or boogie walk)
17-24	Right step(1), left touch(2), left step(3), right touch(4), feet jump apart facing 10:00 with arms stretching out, palms facing front(5), feet together with arms down(6), feet jump apart facing 2:00 with arms stretching out, palms facing front(7), feet together with arms down(8)
25-32	Right step(1), left touch(2), left step(3), right touch(4), feet jump apart facing 2:00 with arms stretching out, palms facing front(5), feet together with arms down(6), feet jump apart facing 10:00 with arms stretching out, palms facing front(7), feet together with arms down(8)
33-40	Syncopated vine (right side, left behind, right side, left cross front, right side 1 2&3 4; left side, right behind, left side, right cross front, left side 5 6& 7 8)
41-48	Same as counts 9-16 above (at the intermediate level)
49-56	Simulated butterfly movement, same as counts 49-56 at the beginner's level
57-64	Pump and spin (pump right toe to side, hitch right knee and turn ¼ left, repeat 3 times resulting in a ¾ turn left)

REPEAT