

Butterflies

拍數: 0 牆數: 1 級數: Intermediate
編舞者: Virginia W. F. Tsui (CAN)
音樂: Two Butterflies (兩隻蝴蝶) - Pang Long (龐龍)



Sequence: A, Tag, B, Tag, C, C, A, Tag, B, Tag, C, C, C, C (Last 16 Counts without 1/4 turn, start from step left to left side), A (First 16 counts), Ending
Specially choreographed for Hong Kei Class 9 Anniversary

PART A

SIDE STEP, TOUCH, SIDE STEP, SLIDE, BACK ROCK, ¼ TURN, HOLD

- 1-2 Step left to left side, touch right next to left
- 3-4 Large step right to right side, slide left next to right
- 5-6 Rock back on left, recover weight on right
- 7-8 Turn ¼ left step forward on left, hold

ROCKING CHAIR, PADDLE ¼ TURN LEFT TWICE

- 1-2 Rock forward on right (body facing 6:00), recover on left
- 3-4 Rock back on right (body facing 12:00), recover on left
- 5-6 Touch right to right side, turn ¼ left weight on left
- 7-8 Touch right to right side, turn ¼ left weight on left

SIDE STEP, TOUCH, SIDE STEP SLIDE, BACK ROCK, ¼ TURN, HOLD

- 1-2 Step right to right side, touch left next to right
- 3-4 Large step left to left side, slide right next to left
- 5-6 Rock back on right, recover weight on left
- 7-8 Turn ¼ right step forward on right, hold

ROCKING CHAIR, PADDLE ¼ TURN RIGHT TWICE

- 1-2 Rock forward on left (body facing 9:00), recover on right
- 3-4 Rock back on left (body facing 3:00), recover on right
- 5-6 Touch left to left side, turn ¼ right weight on right
- 7-8 Touch left to left side, turn ¼ right weight on right (12:00)

PART B

STEP FORWARD, RECOVER, STEP BACK, HOLD, STEP BACK, RECOVER, TOGETHER, HOLD

- 1-2 Step forward left, recover weight on right
- 3-4 Step back on left, hold
- 5-6 Step back on right (body facing 3:00), recover weight on left
- 7-8 Step right next to left, hold

LEFT SIDE ROCK CROSS, HOLD, RIGHT SIDE ROCK CROSS, HOLD

- 1-2 Rock left to left side, recover weight on right
- 3-4 Cross left over right, hold
- 5-6 Rock right to right side, recover weight on left
- 7-8 Cross right over left, hold

STEP FORWARD, RECOVER, STEP BACK, HOLD, STEP BACK, ½ TURN, HOLD

- 1-2 Step forward left, recover weight on right
- 3-4 Step back on left, hold
- 5-6 Step back on right, recover on left
- 7-8 Turn ½ left step back on right, hold

DIAGONALLY FORWARD LOCK FORWARD, HOLD

- 1-2 Step forward left diagonally to left, lock right behind left
- 3-4 Step left forward diagonally, hold
- 5-6 Step forward right diagonally to right, lock left behind right
- 7-8 Step right forward diagonally, hold

STEP FORWARD, RECOVER, STEP BACK, HOLD, STEP BACK, RECOVER, TOGETHER, HOLD

- 1-2 Step forward left, recover weight on right
- 3-4 Step back on left, hold
- 5-6 Step back on right (body facing 9:00), recover weight on left
- 7-8 Step right next to left, hold

LEFT SIDE ROCK CROSS, HOLD, RIGHT SIDE ROCK CROSS, HOLD

- 1-2 Rock left to left side, recover weight on right
- 3-4 Cross left over right, hold
- 5-6 Rock right to right side, recover weight on left
- 7-8 Cross right over left, hold

CROSS STEP, ROCK, RECOVER, HITCH

- 1-2 (Diagonally to right) cross left over right, rock back on right
- 3-4 Recover weight on left, hitch right
- 5-6 (Diagonally to left) cross right over left, rock back on left
- 7-8 Recover weight on right, hitch left (6:00)

FORWARD LOCK FORWARD, HITCH, TURN ½, FORWARD LOCK FORWARD, HOLD

- 1-2 Step left forward, lock right behind left
- 3-4 Step left forward, hitch right
- 5-6 Turn left ½ step right forward, lock left behind right
- 7-8 Step right forward, hold (12:00)

PART C**SIDE STEP, BEHIND, ½ TURN LEFT, SWAY LEFT, RIGHT, ¼ TURN LEFT, HOLD**

- 1-2 Step left to side, step right behind left
- 3-4 ¼ turn left step left forward, ¼ turn left step right to right side
- 5-6 Sway left, sway right
- 7-8 Step left ¼ turn left, hold

¼ TURN, SIDE STEP, BEHIND, ½ TURN, SWAY, ¼ TURN, HOLD

- 1-2 ¼ turn left step right to right side, step left behind right
- 3-4 ¼ turn right step forward on right, ¼ turn right step left to left side
- 5-6 Sway right, sway left
- 7-8 Step right ¼ turn right, hold

¼ TURN, WEAWE, FORWARD TOUCH, STEP FORWARD

- 1-2 ¼ turn right step left to left side, step right behind left
- &3-4 Step left to left side, cross right over left, touch left to left side
- 5-6 Touch left toe forward, step left slightly forward
- 7-8 Touch right toe forward, step right slightly forward

CROSS STEP, ROCK BACK, ¼ TURN, SIDE STEP, HOLD

- 1-2 Cross left over right, rock back on right
- 3-4 Turn ¼ left step left to left side, hold
- 5-6 Cross right over left, rock back on left
- 7-8 Turn ¼ left step back on right, hold

TAG**UNWIND FULL TURN RIGHT**

1-4 Cross left over right unwind full turn right

ENDING

1-3 Touch right back, unwind $\frac{3}{4}$ turn right with 2 count

4 Step right (weight on right)

5-6 Large step left to left side, slide right next to left

7-8 Step right (weight back to right), touch left next to right
