Buttercup



拍數: 64 牆數: 2 級數: Intermediate

編舞者: Doug Miranda (USA) & Jackie Snyder (USA) 音樂: Build Me Up Buttercup - The Foundations



CROSS RIGHT OVER LEFT, STEP SIDE, 2 SAILOR STEPS, ½ TURN LEFT

1-2	Cross right over left, step left to left side
1-2	Ciossildii ovei leit, step leit to leit side

3&4 Step right behind left, step left to left side, step right to right side 5&6 Step left behind right, step right to right side, step left to left side

7-8 Step forward on right, pivot and turn ½ turn left

9-16 Repeat counts 1-8

MONTEREY TURNS TO RIGHT

1-2 Point right toe to right side, pivot on ball of left foot and turn ½ turn right, bringing weight to

left foot

3-4 Point left toe to left side, step left next to right

5-8 Repeat steps 1-4

ROCK FORWARD, BACK, BACK RIGHT COASTER STEP, ROCK FORWARD, BACK, FULL TURN LEFT IN PLACE

1-2	Rock forward or	n right, back on l	left
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3&4 Step back on right, step left next to right, step forward on right

5-6 Rock forward on left, back on right

7&8 Do a triple step in place (left, right, left) while turning a full turn to the left

STEP TOGETHER STEPS RIGHT ANGLE AND LEFT ANGLE

1-4 Facing at an angle to right, step right forward, step left next to right, step forward on right,

touch left next to right

5-8 Facing at an angle to left, step left forward, step right next to left, step forward on left, touch

right next to left

ROCK FORWARD, BACK, RIGHT SHUFFLE BACK, ½ TURN LEFT WHILE SHUFFLING FORWARD, ½ TURN LEFT

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1-2	Rock forward right	i back on lett

3&4 Step right foot back, bring left next to right, step back on right

5&6 Turn ½ turn to left while stepping left foot forward, step right next to left, step forward on left

7-8 Step forward on right, pivot and turn ½ turn left

SHUFFLE FORWARD AT ANGLES RIGHT THEN LEFT, TOE STRUTS

1&2 Facing slightly to right at an angle, step right forward, step left next to right, step forward on

right

3&4 Facing slightly to left at an angle, step forward on left, step right next to left, step forward on

left

5-8 Touch right toe forward, step down on right heel, touch left foot forward, step down on left

heel

CURL RIGHT TOE BEHIND LEFT, SLOW ½ TURN TO RIGHT, SWIVELS RIGHT AND LEFT

1-4 Curl right toe behind left foot, slowly turn ½ turn right for counts 2-4 while bending knees

slightly

5-6 Swivel heels left (toes right) as you turn your body to right, swivel heels right (toes left) as you

turn your body to left

7-8 Repeat steps 5-6 above (knees are slightly bent while doing the swivels for styling)

REPEAT

TAG

At the end of the second and fourth walls

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To help remember when to do the tags, try this pattern of dance: add the tag after every other wall - dance the 1st wall, add the tag after the end of the 2nd wall, dance the 3rd wall, add the tag after the end of the 4th wall