

# Butt Shuffle

拍數: 32      牆數: 0      級數:  
編舞者: Don Deyne (USA)  
音樂: Wake Up Screaming - Gary Allan



This is a very slow, very slinky WCS rhythm. Use the slow tempo and allow the body to move with the music. I think there is another version of this song by Jim Lauderdale, who I also believe is the song writer.

Begin in 2nd position with weight on both feet, feet at about shoulder width

## RIGHT "BUTT SHUFFLE", STIFF-LEGGED ROCK LEFT, RIGHT TOE

- 1&            Bump hips right & bump hips left
- 2            Bump hips right
- 3            Push off with right foot rocking up on to left with legs remaining straight
- 4            Point right toe to side (where it was)

## RIGHT SAILOR, LEFT BEHIND, SIDE RIGHT

- 5            Step right behind and to the left of the left foot (locked 1st)
- &            Side step on to ball of left
- 6            Step together right
- 7            Step left behind and to the right of the right foot
- 8            Side step right to beginning position

## LEFT "BUTT SHUFFLE", STIFF-LEGGED ROCK RIGHT, LEFT TOE

- 9&10        Bump hips left & bump hips right, bump hips left
- 11          Push off with left foot rocking up on to right with legs remaining straight
- 12          Point left toe to side (where it was)

## "HEEL-TOE SHUFFLE" LEFT, RIGHT ACROSS, LEFT ACROSS

- 13&        Step forward left & step with right toe just behind left heel (5th position)
- 14        Step forward left
- 15        Step right across and to the left of the left foot
- 16        Step left across right and to the right of the right foot

## BACK RIGHT & SLIDE LEFT TO LOCKED 1ST

- 17&        Step back right & slide left foot to right and across right foot
- 18&        Step back right & slide left foot to right and across right foot
- 19&        Step back right & slide left foot to right and across right foot
- 20        Step back right and rock on to the weighted right foot and lift left foot off floor - leg remains straight

## ROCK LEFT, BACK RIGHT, ¼ ROCK LEFT, TOUCH RIGHT

- 21-22      Rock forward left, recover weight back on right
- 23-24      Pivot ¼ turn left and rock forward onto left, touch together right

## SIDE RIGHT & SLIDE LEFT

- 25&        Side step right & step together on ball of left
- 26&        Side step right & step together on ball of left
- 27&        Side step right & step together on ball of left
- 28&        Side step right & step together on ball of left

## RIGHT ACROSS, VINE LEFT

- 29-30      Step right across left, side step left
- 31-32      Step right behind left, side step left to beginning position

REPEAT

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