

Buster

拍數: 32 牆數: 4 級數: Improver
編舞者: Mark Hood (UK) & Douglas Semple (UK)
音樂: Buster - Sugababes



WALK RIGHT LEFT ¼ ROCK RECOVER CROSS SIDE BEHIND HEEL JACK CROSS UNWIND ½

1-2 Step right forward, step left forward
3&4 ¼ left rock right to the right, recover on right, recover on left, step right over left
5-6 Step left to the left, step right behind left
&7 Step left to the left, touch right heel forward
&8& Step right in place, cross left behind right, unwind ½ turn left

¼ POINT CROSS HEEL JACK STEP POINT HITCH POINT SWITCH HIP BUMPS ¼ HIP BUMPS

9-10 ¼ turn left pointing right to the right, step right over left
&11 Step left back, touch right heel forward
&12 Step right in place, step left forward
&13& Point right to the right, hitch right, point right to the right
14& Step right in place, point left to the left
15& Bump hips left, bump hips right ¼ left
16& Bump hips forward, bump hips back

COASTER STEP, STEP PIVOT ½ STEP, STEP HINGE ¾ SIDE BEHIND HEEL JACK

17&18 Step left back, step right beside left, step left forward
19&20 Step right forward, pivot ½ turn left, step right forward
21-22 Step left forward, hinge ¾ turn right hitching right
&23 Step right to the right, step left behind right
&24 Step right to the right, touch left heel forward

STEP KICK BALL POINT HEEL BOUNCES ½ BACK SAILOR STEP ¼ COASTER STEP

&25&26 Step left in place, kick right forward, step right in place, touch left toe forward
&27& Heel bounce twice turning ½ left, step right back
28&29 Step left behind right, step right to the side, ¼ turn right, step left to the left
30&31 Step right back, step left beside right, step right forward
32& Kick left forward, step left in place

REPEAT
