

Bundle Of Nerves

COPPER **NOB**
BY STEPHEN

拍數: 68 牆數: 2 級數: Intermediate/Advanced
編舞者: Marc Archambault (CAN)
音樂: Bundle of Nerves - Ken Mellons



HEEL SWITCHES

&1-2 Step left back, touch right heel forward, hold
&3-4 Step right forward, touch left beside right foot, hold
&5 Step left back, touch right heel forward
&6 Step right forward, touch left beside right foot
&7 Step left back, touch right heel forward
&8 Step right forward, step left beside right foot (weight on left)

STEP, SLIDE, STEP, SCUFF, STEP, SLIDE, STEP, TOUCH

9-10 Step right forward, slide left beside right foot
11-12 Step right forward, scuff g
13-14 Step left forward, slide right beside left foot
15-16 Step left forward, touch right beside left foot

TOUCH, TOUCH, MONTEREY TURN, TOUCH, TOUCH, TOUCH, TOUCH

17-18 Touch right to right, touch d beside left foot
19-20 Touch right to right, pivot ½ turn to right on ball of left foot bringing right foot beside left
21-22 Touch left to left, touch g beside right foot
23-24 Touch left to left, touch g beside right foot

ELVIS KNEES, STEP, STEP CROSS, STEP ¼, SCUFF ½ TURN

25-26 Turn left knee to the left on 2 counts
27-28 Turn right knee to the right on 2 counts
29-30 Step left to left, step right behind left
31-32 Step left ¼ de turn to left, scuff right pivoting ½ turn to left on ball of left foot

STEP, SLIDE, STEP, BRUSH, STEP, SLIDE, STEP, SCUFF

33-34 Step right forward, slide left beside right foot
35-36 Step right forward, scuff left
37-38 Step left forward, slide right beside left foot
39-40 Step left forward, scuff right

RIGHT GRAPEVINE ¼ TURN, SCUFF, STEP ¼ TURN, SCUFF, STEP ¼ TURN, SCUFF

41-42 Step right to right, step left behind right foot
43-44 Step right ¼ turn to right, scuff left forward
45-46 Step left ¼ turn to right, scuff right forward
47-48 Step right ¼ turn to right, scuff left forward

STEP, LOCK, STEP, SCUFF, STEP, LOCK, STEP, SCUFF

49-50 Step left at 1:00 turning body, step left behind right foot
51-52 Step left at 12:00 returning body forward, scuff right
53-54 Step right at 11:00 turning body, step left behind right foot
55-56 Step right at 12:00 returning body forward, scuff left

STEP, PIVOT ½ TURN, STEP, PIVOT ½ TURN

57-58 Step left forward, pivot ½ turn to right

59-60 Step left forward, pivot ½ turn to right

JAZZ BOX, SCUFF, JAZZ BOX, TOUCH

61-62 Step left crossed in front of right foot, step right back

63-64 Step left to left, scuff right forward

65-66 Step right crossed in front of left foot, step left back

67-68 Step right to right, touch left beside right foot

REPEAT
