

Bumpin' Things

拍數: 32 牆數: 4 級數: Intermediate hip hop
編舞者: Heidi Angelika Scott (NOR)
音樂: Things That Go Bump In the Night - Allstars



SKATE, SKATE, CHASSE RIGHT, SKATE, SKATE, CHASSE LEFT

1-2 Skate forward with right, left
3&4 Right chasse, right, left, right
5-6 Skate forward with left, right
7&8 Left chasse, left, right, left

SIDE ROCK-RECOVER, STEP BEHIND-SIDE-CROSS, SIDE ROCK-RECOVER, STEP BEHIND-¼ TURN STEP-POINT

1-2 Rock right leg to the right, recover on left
3&4 Step right behind left, step left to the left, cross right in front of left
5-6 Rock left leg to the left, recover on right
7&8 Step left behind right, ¼ turn to the right as you step right to the right, point left to the left

CROSS, POINT, CROSS, POINT, CROSS BEHIND, UNWIND WITH ½ TURN LEFT, RIGHT HEEL JACK

1-2 Cross left in front of left, point right to the right
3-4 Cross right in front of left, point left to the left
5-6 Cross left behind right, unwind with ½ turn left
&7&8 Right heel jack (jump back on the right, touch left heel forward, step left in center, and touch right to close)

JAZZ BOX, ½ TURN RIGHT, ½ TURN RIGHT, COASTER TOUCH

1-4 Right jazz box
5 Do ½ turn to the right as you step forward on the right
6 Do ½ turn to the right as you step back on the left
7&8 Right coaster touch (step right foot back, step left next to the right, touch right forward)

REPEAT

TAG

To be danced after finishing the 3rd wall:

1&2 Right sailor step
3&4 Left sailor step
5&6 Right mambo step to the right
7&8 Left mambo step to the left
