

Bumpin' & A Swingin'

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4
編舞者: Double Trouble (CAN)
音樂: Tailgate - Neal McCoy

級數: Improver east coast swing



LINDY RIGHT, LINDY LEFT

1&2 Shuffle side right (right, left, right)
3-4 Rock back on left, in place on right
5&6 Shuffle side left (left, right, left)
7-8 Rock back on right, in place on left

TOE STRUT FORWARD RIGHT, LEFT, BOOGIE WALK RIGHT, LEFT, RIGHT, LEFT

1-4 Toe strut forward right, toe strut forward left
5-8 Boogie walks forward right, left, right, left

ROCK RECOVER ¼ TURN RIGHT, SIDE SHUFFLE, ROCK RECOVER, COASTER LEFT

1-2 Rock forward right, recover weight on left
3&4 Make a ¼ right, while doing a side shuffle (right, left, right)
5-6 Rock forward left, recover weight on right
7&8 Coaster step back (left, right, left)

WALK, WALK, SAILOR STEP, (ANCHOR STEP), STEP ½ TURN LEFT ONTO LEFT, SIDE RIGHT, LEFT COASTER

1-2 Walk forward right, walk forward left
3&4 Right sailor (right, left, right) (basic west coast anchor step)
5-6 Step back on left while a ½ turn left, step to side with right
7&8 Left coaster step back (left, right, left)

REPEAT

TAG

After wall 5 and after wall 11, repeat the last 8 counts
