

The Bump

拍數: 84 牆數: 4 級數: Intermediate
編舞者: Emily Jennings (UK)
音樂: The Bump - Kenny



WALK, WALK, SHUFFLE FORWARD, ROCK FORWARD, CROSS SHUFFLE ¼ TURN LEFT

1-2 Walk forward right, walk forward left
3&4 Step forward right, close left beside right, step forward right
5-6 Rock forward left, weight back on right (start to turn)
7&8 Step left turning ½ turn left, close right beside left, step left in front of right turning ¼ right (3:00)

SIDE RIGHT, BEHIND, CHASSE RIGHT, CROSS ROCK, SHUFFLE ¼ TURN LEFT

1-2 Step right to right side, step left behind right
3&4 Step right to right side, close left beside right, step right to right
5-6 Cross rock left over right, return weight to right foot
7&8 Step left to left side, close right beside left, step left to left side turning ¼ to left, (12:00)

STEP ¼ TURN, CROSS SHUFFLE LEFT, CHASSE LEFT, ROCK BACK

1-2 Step right forward, pivot ¼ turn (9:00)
3&4 Cross right in front of left, step left to left side, cross right in front of left, (keeping legs crossed)
5&6 Step left to left side, close right beside left, step left to left side
7-8 Rock right foot behind left foot, return weight to left foot

KICK BALL CROSS, CHASSE RIGHT ¼ TURN, STEP ½ TURN LEFT, SHUFFLE FORWARD

1-2 Kick right forward, step right beside left, cross left over right
3&4 Step right to right side, close left beside right, step right to right side turning ¼ right (12:00)
5-6 Step forward left, pivot half turn right (6:00)
7&8 Step left forward, close right beside left, step left forward

TOUCH FORWARD TOUCH SIDE COASTER, TOUCH FORWARD TOUCH SIDE COASTER

1-2 Touch right forward, touch to side
3&4 Step back right, step left beside right, step forward right
5-6 Touch left forward, touch left to side
7&8 Step back left, step right beside left, step forward left

TOE STRUT, TOE STRUT, CHARLESTON TWICE, TOE STRUT, TOE STRUT, CHARLESTON TWICE

1-2 Step forward on right toe, lower heel
3-4 Step forward on left toe, lower heel
5-6 Touch right in front of left, touch right behind left, taking weight onto right
7-8 Touch left behind right, touch left in front of right, keeping weight onto right

MONTEREY ¼ TURN LEFT TWICE

1-2 Touch left to left side, on ball of right foot pivot ¼ turn (3:00)
3-4 Step right to right side, close right beside left
5-6 Touch left to left side, on ball of right foot pivot ¼ turn (12:00)
7-8 Step right to right side, close right beside left

STEP ½ TURN, STEP, HOLD TWICE

1-2 Step forward on left, pivot half turn
3-4 Step forward on left, hold, (6:00)

- 5-6 Step forward on right, pivot half turn
7-8 Step forward on right (12:00)

HOLD (HIP BUMPS)

- 1-4 Hold for four counts or hip bumps (right, left, right, left)

FIGURE OF EIGHT GRAPE VINE WITH A SYNCOPATED CROSS

- 1-2 Step right to right side, step left behind right
3-4 Step right to right side turn $\frac{1}{4}$ right, step forward on left turning $\frac{1}{4}$ right
5-6 Turn $\frac{1}{2}$ shifting weight to right, step left to left side turning $\frac{1}{4}$
7&8 Step right behind left, step left to left side, step right in front of left

FIGURE OF EIGHT GRAPE VINE WITH A SYNCOPATED CROSS $\frac{1}{4}$ TURN RIGHT

- 1-2 Step left to left side, step right behind left
3-4 Step left to left side turn $\frac{1}{4}$ left, step forward on right turning $\frac{1}{4}$ left
5-6 Turn $\frac{1}{2}$ shifting weight to left, step right to right side turning $\frac{1}{4}$
7&8 Step left behind right, step right to right side, step left forward making $\frac{1}{4}$ turn right, (3:00)

REPEAT

TAG

At end of second wall

GRAPEVINE TWICE

- 1-2 Step right to right side, step left behind right
3-4 Step right to right side, touch left beside right
5-6 Step left to left side, step right behind left
7-8 Step left to left side, touch right beside left
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