

Bump, Bounce & Lets Boogie

COPPER KNOB
STEPSHEETS

拍數: 40 牆數: 4 級數: Intermediate
編舞者: Caz Mawby (UK)
音樂: Bump Bounce Boogie - Asleep at the Wheel



KICK TWICE, SAILOR ¼ TURN, HOLD, OUT IN OUT, HOLD

1-2 Kick right across left, kick right forward
3&4 Step right behind left, step left to side making a ¼ turn, step right slightly forward to place
5 Hold
6&7 Touch left toe out to side, touch left toe in next to right, touch left toe out to side
8 Hold

BEHIND SIDE CROSS, FORWARD TOE STRUTS X 3

Swiveling on balls of feet/boogie walk style with finger clicks

1&2 Cross left behind right, step right to side, cross left over right
3-4 Touch right toe forward swiveling on right on right ball of foot in, place heel taking weight, finger clicks
5-6 Touch left toe forward, swiveling on left ball of foot in, place heel taking weight, finger clicks
7-8 Touch right toe forward, swiveling on right ball of foot in, place heel taking weight, finger clicks

FORWARD TOE STRUT, PIVOT ¼ TURN TWICE, CROSS ROCK

1-2 Touch left toe forward, swiveling left ball of foot in, place heel taking weight, finger clicks
3-6 Step forward on right pivot ¼ turn left, step forward on right pivot ¼ turn left
7-8 Cross rock right over left, recover weight onto left

SIDE ROCK, RIGHT SAILOR STEP, HOLD, OUT IN ¼ TURN KICK, HOLD

1-2 Rock right out to side, recover weight onto left
3&4 Step right behind left, step left to side, step right to place
5 Hold
6&7 Touch left toe out to side, touch left toe in next to right making a ¼ turn left swivel on right ball of foot kick left forward
8 Hold

SLOW COASTER STEP, HOLD, TOUCH TURN PIVOT ¼ LEFT, TOUCH TURN PIVOT ½ LEFT

1-3 Step back onto left, step right together, step forward onto left
4 Hold
5-6 Touch right toe forward, pivot ¼ turn left
7-8 Touch right toe forward pivot ½ turn left

REPEAT