

Bump N Strut (P)

COPPERKNOB
STEPSHEETS

拍數: 40 牆數: 0 級數: Partner
編舞者: Lyndy (USA)
音樂: What Do You Know About Love - Dwight Yoakam



ROCKS & STRUTS (WALKS)

- 1-2 **MAN:** Rock forward on right, back onto left
 LADY: Rock forward on left, back onto right
- 3 **MAN:** Turn ½ to right(to the right) while stepping onto right heel
 LADY: Turn ½ to left(to the left) while stepping onto left heel
- Release hands before turn and rejoin inside hands facing opposite LOD**
- 4 **MAN:** Walk onto right toe
 LADY: Walk onto left toe
- 5-6 **MAN:** Strut forward left heel, left toe
 LADY: Strut forward right heel, right toe
- 7-8 **MAN:** Strut forward right heel, right toe
 LADY: Strut forward left heel, left toe
- 9-10 **MAN:** Rock forward on left, back onto right
 LADY: Rock forward on right, back onto left
- 11 **MAN:** Turn ½ to left(to the left)while stepping onto left heel
 LADY: Turn ½ to right(to the right) while stepping onto right heel

Release and rejoin hands as before, now facing line of dance (LOD)

- 12 **MAN:** Walk onto left toe
 LADY: Walk onto right toe
- 13-14 **MAN:** Strut forward right heel, right toe
 LADY: Strut forward left heel, left toe
- 15-16 **MAN:** Strut forward left heel, left toe
 LADY: Strut forward right heel, right toe

HIP BUMPS

- 17 **MAN:** Step back & to right on right
 LADY: Step back & to left on left
- 18 **MAN:** Bump right hip with partner
 LADY: Bump left hip with partner
- 19 **MAN:** Step back & to left on left
 LADY: Step back & to right on right
- 20 **MAN:** Bump left hip to outside
 LADY: Bump right hip to outside
- 21-24 **MAN:** Repeat 17-20
 LADY: Repeat 17-20

CATCH STEPS (LOCK STEPS), STRUTS (WALKS), ROCKING HORSE

- 25 **MAN:** Step forward right
 LADY: Step forward left
- 26 **MAN:** Catch (lock) left behind right
 LADY: Catch (lock) right behind left
- 27-28 **MAN:** Step forward right, brush left
 LADY: Step forward left, brush right
- 29-30 **MAN:** Step forward left, catch right
 LADY: Step forward right, catch left
- 31-32 **MAN:** Step forward left, brush right

33-34 **LADY:** Step forward right, brush left
MAN: Strut forward right heel, right toe
LADY: Strut forward left heel, left toe
35-36 **MAN:** Strut forward left heel, left toe
LADY: Strut forward right heel, right toe
37-38 **MAN:** Rock forward on right, back onto left
LADY: Rock forward on left, back on right
39-40 **MAN:** Rock forward on right, back onto left
LADY: Rock forward on left, back on right

REPEAT
