

# Bump N Strut (P)

COPPERKNOB  
STEPSHEETS

拍數: 40      牆數: 0      級數: Partner  
編舞者: Lyndy (USA)  
音樂: What Do You Know About Love - Dwight Yoakam



## ROCKS & STRUTS (WALKS)

- 1-2      **MAN:** Rock forward on right, back onto left  
          **LADY:** Rock forward on left, back onto right
- 3      **MAN:** Turn ½ to right(to the right) while stepping onto right heel  
          **LADY:** Turn ½ to left(to the left) while stepping onto left heel
- Release hands before turn and rejoin inside hands facing opposite LOD**
- 4      **MAN:** Walk onto right toe  
          **LADY:** Walk onto left toe
- 5-6      **MAN:** Strut forward left heel, left toe  
          **LADY:** Strut forward right heel, right toe
- 7-8      **MAN:** Strut forward right heel, right toe  
          **LADY:** Strut forward left heel, left toe
- 9-10      **MAN:** Rock forward on left, back onto right  
          **LADY:** Rock forward on right, back onto left
- 11      **MAN:** Turn ½ to left(to the left)while stepping onto left heel  
          **LADY:** Turn ½ to right(to the right) while stepping onto right heel

## Release and rejoin hands as before, now facing line of dance (LOD)

- 12      **MAN:** Walk onto left toe  
          **LADY:** Walk onto right toe
- 13-14      **MAN:** Strut forward right heel, right toe  
          **LADY:** Strut forward left heel, left toe
- 15-16      **MAN:** Strut forward left heel, left toe  
          **LADY:** Strut forward right heel, right toe

## HIP BUMPS

- 17      **MAN:** Step back & to right on right  
          **LADY:** Step back & to left on left
- 18      **MAN:** Bump right hip with partner  
          **LADY:** Bump left hip with partner
- 19      **MAN:** Step back & to left on left  
          **LADY:** Step back & to right on right
- 20      **MAN:** Bump left hip to outside  
          **LADY:** Bump right hip to outside
- 21-24      **MAN:** Repeat 17-20  
          **LADY:** Repeat 17-20

## CATCH STEPS (LOCK STEPS), STRUTS (WALKS), ROCKING HORSE

- 25      **MAN:** Step forward right  
          **LADY:** Step forward left
- 26      **MAN:** Catch (lock) left behind right  
          **LADY:** Catch (lock) right behind left
- 27-28      **MAN:** Step forward right, brush left  
          **LADY:** Step forward left, brush right
- 29-30      **MAN:** Step forward left, catch right  
          **LADY:** Step forward right, catch left
- 31-32      **MAN:** Step forward left, brush right

33-34 **LADY:** Step forward right, brush left  
**MAN:** Strut forward right heel, right toe  
**LADY:** Strut forward left heel, left toe  
35-36 **MAN:** Strut forward left heel, left toe  
**LADY:** Strut forward right heel, right toe  
37-38 **MAN:** Rock forward on right, back onto left  
**LADY:** Rock forward on left, back on right  
39-40 **MAN:** Rock forward on right, back onto left  
**LADY:** Rock forward on left, back on right

**REPEAT**

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