

# Bump And Groove

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 2      級數: Beginner  
編舞者: Norma Jean Fuller (USA)  
音樂: Irresistible You - Bobby Darin



---

## HIP BUMPS RIGHT LEFT RIGHT HOLD, LEFT RIGHT LEFT HOLD

1-4            (QQS) step right forward bumping hips right. Left, right. Hold  
5-8            (QQS) bump hips back left, right, left, hold (flex knees with hip bumps)

## DIAGONAL STEP HOLDS FORWARD WITH FINGER SNAPS

1-2            Right step diagonal right option: bring arms up & toward right, snap fingers  
3-4            Left step diagonal left option: bring arms down toward left, snap fingers  
5-6            Right step diagonal right option: arms up as step 1  
7-8            Left step diagonal left option: arms down as step 2

## HIP BUMPS RIGHT LEFT RIGHT HOLD, LEFT RIGHT LEFT HOLD

1-4            (QQS) step right forward bumping hips right, left, right, hold  
5-8            (QQS) bump hips back left, right, left, hold (flex knees with hip bumps)

## STEP TOGETHER, STEP ¼ RIGHT HOLD, LEFT STEP ¼ TURN RIGHT, STEP TOGETHER, SIDE STEP HOLD

1-4            (QQS) step right to side, left step beside right, right step ¼ turn right (3:00) hold  
5-8            (QQS) left step ¼ turn right, right step beside left, left step to side, hold

**REPEAT**

---