Bump 'n' Boogie (P)



拍數: 32 牆數: 0 級數: Partner

編舞者: Ray Nichols & Judy Nichols 音樂: Livin' On Love - Alan Jackson



Position: Right Side-By-Side position

DIAGONAL VINES

1-2	Step forward and diagonally	v to the left on left.	cross right behind left and step

3-4 Step forward and diagonally to the left on left turn body toward LOD and brush right forward

5-6 Step forward and diagonally to the right on right, cross left behind right and step 7-8 Step forward and diagonally to the it right, turn body toward LOD and brush forward

SHUFFLES FORWARD, LOCK STEP, STEP, STOMP

9&10	Shuffle forward (left, right, left)
11&12	Shuffle forward (right, left, right)

13-14 Step forward on left, step right up to other side of left heel

15-16 Step forward on left, stomp right next to left

MAN

HIP BUMPS

17-18	Bump hips to the left twice
19-20	Bump hips to the right twice
21	Bump hips to the left
22	Bump hips to the right
23	Bump hips to the left
24	Bump hips to the right

SHUFFLES FORWARD

25&26 Shuffle forward (left-right-left) 27&28 Shuffle forward (right-left-right)

WALK FORWARD

Release left hands & raise right

Walk forward on left
Walk forward on right
Walk forward on left
Walk forward on right

Rejoin left hands, partners return to right side by side position facing LOD

REPEAT

LADY

17-18	Bump hips to the right twice
19-20	Bump hips to the left twice
21	Bump hips to the right
22	Bump hips to the left
23	Bump hips to the right
24	Bump hips to the left
&	Shift weight to right

SHUFFLES FORWARD

25&26 Shuffle forward (left-right-left) 27&28 Shuffle forward (right-left-right)

DOUBLE TURN TO THE RIGHT

29 Step forward on left & begin two full turns to the right traveling toward LOD

30 Step on right & continue two full turn to the right 31 Step on left, & continue two full turn to the right 32 Step on right & complete two full turn to the right

Rejoin left hands, partners return to right side by side position facing LOD

REPEAT