

Bumble Bee Stroll (P)

COPPER KNOB
BY STEPHENETS

拍數: 64 牆數: 0 級數: Partner
編舞者: Jan Smith (UK) & Malcolm Owen (UK)
音樂: My Father & Me - Paul Overstreet



Position: Side By Side Position Facing LOD. Man's steps written. Lady's mirror unless specified

FORWARD, STEP, CLOSE, STEP, HOLD, STEP, CLOSE, ¼ TURN RIGHT, HOLD

1-4 Step forward left, close right to left, step forward left, hold
5-8 Step forward right, close left to right, on ¼ right, hold

Join both hands at waist height

SIDE, CLOSE, SIDE, HOLD, ROCK ¼ RIGHT, RECOVER ¼ LEFT, SIDE, HOLD

9-12 Step left to left side, close right to left, step left to left side, hold
13-16 Rock right back turning ¼ right, (backing LOD) recover weight to left turning ¼ left, step right to right side, hold

When commencing rock drop right hand and rejoin both hands as you recover

ROCK ¼ LEFT, RECOVER ¼ RIGHT, SIDE, HOLD, ROCK BACK, RECOVER, STEP FORWARD, HOLD

17-20 Rock left back turning ¼ left, (release left hand), recover weight to right turning ¼ right (rejoin hands), step left to side, hold (facing partner)
21-24 Rock right straight back, recover weight to left, step right forward (stepping to right side of partner, right hips adjacent arms outstretched), hold

WALK TO THE RIGHT full turn AROUND PARTNER STEPPING LEFT, RIGHT, LEFT, HOLD, RIGHT, LEFT, RIGHT, HOLD

25-28 Walking to the right full turn around partner right hips adjacent (both hands still joined) stepping left, close right, step left, hold
29-32 Right close left, step right, hold

WALK TO THE LEFT AROUND PARTNER FULL TURN LEFT, RIGHT, LEFT HOLD, RIGHT, LEFT, RIGHT HOLD LEFT, RIGHT, LEFT HOLD

33-36 Walking to the left full turn around partner left hips adjacent (both hands still joined) stepping left, close right, step left, hold
37-40 Right, close left, step right, hold
41-44 Left, close right, step left, hold

MAN

FORWARD ROCK ¼ LEFT, RECOVER ¼ RIGHT, SIDE, HOLD, FORWARD ROCK ¼ RIGHT, RECOVER ¼ LEFT, SIDE, HOLD

45-48 Rock forward on right turning ¼ left, recover weight to left turning ¼ right, step right to right, hold
49-52 Rock forward on left turning ¼ right, recover weight to right turning ¼ left, step left to left (slight overturn to V position facing LOD,) hold

The next 8 counts are done in V position facing either LOD or RLOD

FORWARD ONTO RIGHT, CLOSE LEFT, TURN ¼ LEFT ONTO RIGHT HOLD

53-56 Step forward onto right, close left to right, turn ¼ left onto right, hold
Keep left hand joined with lady's right lifting it to pass underneath, at the same time give a lead with right hand to guide lady across behind man and then let go

Dance should progress slightly forward while these 4 counts are in progress

FORWARD ONTO LEFT, TURN ¼ RIGHT ONTO RIGHT, TURN ¼ RIGHT ONTO LEFT, HOLD

57-60 (Stepping diagonally across behind lady) turn ¼ right onto left, close right to left, turn ¼ right onto left

Left hand still joined to lady's right, raise to allow lady to turn underneath

ROCK APART ONTO RIGHT, RECOVER TO V POSITION, SPIN ON LEFT TURNING LEFT TO FACE LOD STEPPING FORWARD ONTO RIGHT

61-64 Rock apart onto right turning outwards, recover weight to left into V position, spin on left to the left to face LOD stepping forward onto right (hands change as you spin)

REPEAT

LADY:

BACKWARDS ROCK ¼ RIGHT, RECOVER ¼ LEFT, SIDE, HOLD, BACKWARD ROCK, ¼ LEFT, RECOVER ¼ RIGHT SIDE, HOLD

45-48 Rock back on left turning ¼ left, recover weight to right turning ¼ right, step left to left side, hold

49-52 Rock back on right turning ¼ right, recover weight to left turning ¼ left, step right to right side, (slight under turn to v position facing LOD), hold

The next 8 counts are done in V position facing either LOD or RLOD

FORWARD ONTO LEFT, CLOSE RIGHT, TURN ¼ RIGHT ONTO LEFT, HOLD

53-56 Step forward (crossing behind man) onto left, close right to left, turn ¼ right onto left, hold

Keep left hand joined with lady's right lifting it to pass underneath, at the same time give a lead with right hand to guide lady across behind man and then let go

Dance should progress slightly forward while these 4 counts are in progress

TURN ¼ TURN LEFT ON RIGHT, CLOSE LEFT TO RIGHT, TURN ¼ LEFT ONTO RIGHT, HOLD

57-68 (Crossing in front of man while turning) turn ¼ left stepping onto right, close left to right, turning ¼ left onto right

The sting in the tail, hence the name of the dance is for the lady to complete a 1 ½ turn to the left on counts 57-59 instead of the ½ turn completed over those 3 counts, this is known as a whip turn

59-60 Rock apart onto right, recover to V position

SPIN ON LEFT TURNING LEFT TO FACE LOD STEPPING FORWARD ONTO RIGHT

61-64 Rock apart onto right turning outwards, recover weight to left into V position, spin on left to the left to face LOD stepping forward onto right (hands change as you spin)

REPEAT
