

# The Bull Shifts (P)

COPPER KNOB  
BY STEPHEN

拍數: 32      牆數: 0      級數: Easy Partner  
編舞者: Unknown  
音樂: Tryin' to Get to New Orleans - The Tractors



**Position:** Dance starts with the gentlemen ("The Bull") in the middle, with a lady on each side, all facing line of dance

This dance is based on a Russian folk dance called Troika, which is meant to represent a team of three horses pulling a wagon. Troika inserts 8 counts after count 24 where the two outside people join their outside hands to form a small circle and polka around for 8 counts, releasing hands and returning to their starting point on count 8.

## MARCHES (FORWARD & BACK) (MAN HOLDS BOTH LADIES HANDS)

1-3      All-forward right, left, right  
4      All-kick left  
5-7      All-back left, right, left  
8      All-touch right

## UNDERARM TURNS (MAN HOLDS BOTH LADIES HANDS THROUGHOUT THE TURNS)

9-12      Bull-lifts left arm while stepping in place right, left, right, left  
            Outside lady-walks under mans left arm right, left, right, left  
            Inside lady-steps in place right, left, right, left

13-16      Bull-turns in place under his left arm (to the left) stepping right, left, right, left  
            Outside lady-continues behind man & back to original position  
            Inside lady-steps in place right, left, right, left

17-20      Bull-lifts right arm while stepping in place right, left, right, left  
            Inside lady-walks under mans right arm right, left, right, left  
            Outside lady-steps in place right, left, right, left

21-24      Bull-turns in place under his right arm (to the right) stepping right, left, right, left  
            Inside lady-continues behind man & back to original position  
            Outside lady-steps in place right, left, right, left

## THE BULL SHIFTS W/HIP BUMPS

25-28      Bull-walks forward right, left, right, left. (to new partners)  
            Outside lady-march in place right, left, right, left  
            Inside lady-march in place right, left, right, left.

29-30      Bull-bumps right hips to right lady twice  
            Outside lady-bumps left hips to man twice  
            Inside lady-bumps left hips twice

31-32      Bull-bumps left hips to left lady twice  
            Outside lady-bumps right hips to right once to left once ending with weight on left  
            Inside lady-bumps right hips to man once to left once ending with weight on left

**REPEAT**