

Built To Last

拍數: 48 牆數: 4 級數: Improver waltz
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音樂: Built to Last - Heartland



STEP BACK, DRAG, FULL TURN

1-2-3 Big step back left, drag right to left (2 count)
4-5-6 Full turn on the spot over right shoulder step right, left, right

STEP FORWARD, DRAG, FORWARD, ¼ TURN

1-2-3 Big step forward, drag right to left (2 counts)
4-5-6 Step forward right, forward left, ¼ turn right take weight right

SIDE, BEHIND, SIDE, 1 ¼ TURN

1-2-3 Step left across right, step right to side, step left behind right
4-5-6 Turning 1 ¼ right step right, left, right

ROCK ½ TURN, SAMBA STEP

1-2-3 Rock forward left, take weight back on right, ½ turn left step forward left
4-5-6 Step right across left, step left to side, take weight onto right

STEP FORWARD, HITCH, STEP BACK CROSS

1-2-3 Step forward left, hitch right (2 counts)
4-5-6 Step back right, cross left in front of right knee (2 count)

FORWARD, ¼ POINT, HOLD, FORWARD, ¼ POINT HOLD

1-2-3 Step forward left, ¼ turn left point right toe to side, hold
4-5-6 Step forward right, ¼ turn right point left toe to side, hold

CROSS ½ TURN, ROCK

1-2-3 Step left across right, step right to side, ½ turn left step left to side
4-5-6 Cross rock right over left, take weight back on left, step right to side

¾ TURN, LUNGE FORWARD, BACK

1-2-3 Step left across right, ¼ turn left step back right, ½ turn left step forward left
4-5-6 Lunge forward right, step back left, step back right

REPEAT

TAG

At back wall end of walls 2 & 6

1-6 Step left back, drag right (2 counts), step right back, drag left (2 counts)
1-6 Step left over right, step right side, step left to side, repeat same on right side
1-6 Forward left, drag right to left (2 counts), forward right drag left to right (2 counts)

TAG

At front wall end of walls 4 & 8

1-6 Step left back, drag right (2 counts), step right back, drag left (2 counts)
1-6 Step left over right, step right side, step left to side, repeat same on right side
1-6 Forward left, drag right to left (2 counts), forward right drag left to right (2 counts)
1-6 Step left over right, step right to side, step left to side, repeat same on right

