

# Built To Last

拍數: 48      牆數: 4      級數: Improver waltz  
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音樂: Built to Last - Heartland



## STEP BACK, DRAG, FULL TURN

1-2-3      Big step back left, drag right to left (2 count)  
4-5-6      Full turn on the spot over right shoulder step right, left, right

## STEP FORWARD, DRAG, FORWARD, ¼ TURN

1-2-3      Big step forward, drag right to left (2 counts)  
4-5-6      Step forward right, forward left, ¼ turn right take weight right

## SIDE, BEHIND, SIDE, 1 ¼ TURN

1-2-3      Step left across right, step right to side, step left behind right  
4-5-6      Turning 1 ¼ right step right, left, right

## ROCK ½ TURN, SAMBA STEP

1-2-3      Rock forward left, take weight back on right, ½ turn left step forward left  
4-5-6      Step right across left, step left to side, take weight onto right

## STEP FORWARD, HITCH, STEP BACK CROSS

1-2-3      Step forward left, hitch right (2 counts)  
4-5-6      Step back right, cross left in front of right knee (2 count)

## FORWARD, ¼ POINT, HOLD, FORWARD, ¼ POINT HOLD

1-2-3      Step forward left, ¼ turn left point right toe to side, hold  
4-5-6      Step forward right, ¼ turn right point left toe to side, hold

## CROSS ½ TURN, ROCK

1-2-3      Step left across right, step right to side, ½ turn left step left to side  
4-5-6      Cross rock right over left, take weight back on left, step right to side

## ¾ TURN, LUNGE FORWARD, BACK

1-2-3      Step left across right, ¼ turn left step back right, ½ turn left step forward left  
4-5-6      Lunge forward right, step back left, step back right

## REPEAT

### TAG

#### At back wall end of walls 2 & 6

1-6      Step left back, drag right (2 counts), step right back, drag left (2 counts)  
1-6      Step left over right, step right side, step left to side, repeat same on right side  
1-6      Forward left, drag right to left (2 counts), forward right drag left to right (2 counts)

### TAG

#### At front wall end of walls 4 & 8

1-6      Step left back, drag right (2 counts), step right back, drag left (2 counts)  
1-6      Step left over right, step right side, step left to side, repeat same on right side  
1-6      Forward left, drag right to left (2 counts), forward right drag left to right (2 counts)  
1-6      Step left over right, step right to side, step left to side, repeat same on right

