

Built 4 Bluejeans

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Improver
編舞者: Norman Gifford (USA)
音樂: Built For Blue Jeans - Tyler Dean



LOCK STEP, SHUFFLE STEPS, PIVOT TURN, SHUFFLE STEPS

1-2 Right step forward; left lock behind left
3&4 Shuffle steps forward (right-left-right)
5-6 Left step forward; pivot turn ½ right
7&8 Shuffle steps forward (left-right-left) (6:00)

POINT-CROSS STEPS, KICK; KICK; COASTER STEP

1-2 Right toe point side; right crossover
3-4 Left toe point side; left crossover
5-6 Right kick forward twice
7&8 Right step back; left together; right step forward

POINT-CROSS STEPS, KICK; KICK; COASTER STEP

1-2 Left toe point side; left crossover
3-4 Right toe point side; right crossover
5-6 Left kick forward twice
7&8 Left step back; right together; left step forward

JAZZ BOX TURNING ¼ RIGHT, JAZZ BOX TURNING ¼ RIGHT

1-2 Right crossover; left step back
3-4 Right step side in 3rd position; left step forward (9:00)
5-6 Right crossover; left step back
7-8 Right step side in 3rd position; left step forward (12:00)

LOCK-STEPS FORWARD, ROCK FORWARD, REPLACE BACK, TURNING SHUFFLE STEPS

1-4 Right step forward; left lock behind; right step forward; left lock behind
5-6 Right rock forward; left replace back
7&8 Right ½ turning shuffle steps (right-left-right) (6:00)

LOCK-STEPS FORWARD, ROCK FORWARD, REPLACE BACK, TURNING SHUFFLE STEPS

1-4 Left step forward; right lock behind; left step forward; right lock behind
5-6 Left rock forward; right replace back
7&8 Left ½ turning shuffle steps (left-right-left) (12:00)

STOMPS FORWARD, SHIMMY STEP, STOMPS FORWARD, SHIMMY STEP

1-2 Right stomp forward oblique; left stomp forward oblique
3-4 Right stomp forward oblique with (shoulder) shimmies
5-6 Left stomp forward oblique; right stomp forward oblique
7-8 Left stomp forward oblique with (shoulder) shimmies

ROCK STEP, REPLACE BACK, COASTER STEP, ROCK STEP, TURNING TRIPLE STEP

1-2 Right rock forward; left replace back
3&4 Right step back; left together; right step forward
5-6 Left rock forward; right replace back
7&8 Shuffle steps turning ½ left (6:00)

REPEAT

ARMS & HANDS DURING LOCK STEPS FORWARD

Both arms are straight with wrist bent up and palm facing down. The forward hand pushes down while back shoulder raises up and rotates back with each forward step. When the rear foot locks, the forward hand and arm raise up and the back shoulder rotates down. The resulting motion should be a pumping motion with the front arm and a circling motion with the back shoulder from up in front rotating back and down then forward and up again

On the shimmy steps, shake whatever you can
