

Built For Comfort

COPPER KNOB
BY STEPHENETS

拍數: 48 牆數: 2 級數: Improver west coast swing
編舞者: Charlotte Skeeters (USA)
音樂: Built for Comfort - Willie Dixon



SKATE FORWARD 4 COUNTS, KICK, BACK, CROSS, LONG BACK, DRAG-TOUCH

1-4 Skate forward right, left, right, left
5&6 Kick right forward, right step back at right angle, left cross over right
7-8 Right step back long angle back, left drag back and touch next to right

SIDE, TOUCH, SIDE, BRUSH, JAZZ (CROSS, BACK, SIDE, TOUCH)

1-2 Left step side left (slight angle), right touch next to left
3-4 Right step side right (slight angle), left brush forward
5-6 Left cross over right, right step back
7-8 Left step side left, right touch next to left

FORWARD, TURNING BRUSH, SIDE, TOUCH, FORWARD, TURNING BRUSH, SIDE, TOUCH

1-2 Right step forward (slight angle), left brush forward while turning ¼ turn left on ball of right
3-4 Left step side, right touch next to left
5-6 Right step forward (slight angle), left brush forward while turning ¼ turn left on ball of right
7-8 Left step side, right touch next to left

SIDE, HOLD (SHIMMY), BEHIND, SIDE, SIDE (SAILOR), POINT, HOLD, &, POINT, HOLD, &

1-2 Right step side right, hold (while shimmying shoulders)
3&4 Left cross behind right, right step side right, left step side left
5-6& Right touch-point forward, hold, right step back next to left
7-8& Left touch-point forward, hold, left step back next to right

ROCK FORWARD, RECOVER, ¼ TURN, CROSS, ¼ TURN BACK, ½ TURN, FORWARD, ½ PIVOT

1-2 Right rock forward, recover back onto left
3-4 Execute ¼ turn right and step side right, left cross over right
5-6 Execute ¼ turn left as you step back on right, execute ½ turn left as you step forward on left
7-8 Right step forward, pivot ½ turn left (end weight forward left)

ROCK, RECOVER, ½ TURN, FORWARD, ½ TURN, HOLD, &, POINT, HOLD, &

1-2 Right rock step forward, recover back onto left
3-4 Execute ½ turn right stepping forward on right, left step forward
5 Quick attitude ½ turn right keeping weight back on left

Snap fingers. Right is pointed forward

6 Hold
&7-8 Right step back next to left, left touch-point forward, hold
& Left step back next to right

Alternate easier steps for counts 3,4,5 (no turns)

3-4-5 Right rock back, recover forward onto left, right touch-point forward

REPEAT