

Carry On Regardless

COPPER KNOB
BY STEPHENETS

拍數: 32 牆數: 2 級數: Improver
編舞者: Dianne Evans (UK)
音樂: Good As Gold - The Beautiful South



KICK, KICK, BEHIND SIDE CROSS TOUCH, CROSS TOUCH

- 1-2 Kick right foot forward, kick right foot out to right side
- 3-4 Step right behind left, step left foot to left side
- 5-6 Cross right foot over left foot and touch left foot to left side
- 7-8 Cross left foot over right foot and touch right foot to right side

OVER BACK, ¼ TURN SHUFFLE RIGHT

- 1-2 Cross right foot over left foot, step back on left foot
- 3&4 Make ¼ turn right stepping on right foot, close left foot to right, step right foot to right side
- 5-8 Rock left foot over right, rock back onto right foot, long step left, draw right foot in to beside left (no weight)

SIDE BEHIND ¼ TURN RIGHT & SCUFF, STEP FORWARD LEFT ½ TURN RIGHT, ½ TURN SHUFFLE

- 1-4 Step to side on right, cross left foot behind right, step ¼ turn right on right foot, scuff left foot forward (could be rolling grapevine with 1 & ¼ turn right)
- 5-6 Step forward on left foot, pivot ½ turn right and transfer weight onto right foot
- 7&8 Step left to left side making ¼ turn right, close right foot to left, step left foot back making further ¼ turn right

ROCK BACK RECOVER SHUFFLE FORWARD, KICK BALL CHANGE STOMP CLAP

- 1-2 Rock back on right foot transfer the weight forward onto the left foot
- 3&4 Step forward right foot, close left foot to right, step forward right foot
- 5&6 Kick left foot forward, small step back on left foot transfer weight forward onto right
- 7-8 Stomp left foot forward and clap

REPEAT
