

# Carrousel Waltz (P)

拍數: 48      牆數: 0      級數: Partner  
編舞者: Charles Bender  
音樂: Their Hearts Are Dancing - The Forester Sisters



## SWEETHEART OR SKATERS POSITION

1-2-3      Step forward, standard waltz steps. Left-right-left  
4-5-6      Step back, standard waltz steps. Right-left-right

## CROSSING STEPS

1-2-3      Step left forward making  $\frac{1}{4}$  turn (facing outside line of dance), step right to left side behind left, step left to left, shoulder width from right.  
4-5-6      Step right to left side, crossing over left, step left to left, and step right beside left.  
  
1-2-3      Step left to right side crossing over right, step right to right, step left beside right, moving reverse line of dance (RLOD) direction.  
4-5-6      Step right to left side crossing over the left, step left to left side, step right beside left.

## TANDEM TURNS

1-2-3      Step left to left, step right behind left, step left to left turning  $\frac{1}{4}$  turn facing line of dance (LOD).

**Release left hands, and during the turn pass right hands overhead.**

4-5-6      Step right forward turning  $\frac{1}{4}$  turn facing inside line of dance, step left to right crossing behind right, step right beside left.

**After passing clasped hands down re-catch free hands on step 6.**

1-2-3      Step left to right side behind right, step right to right, step left to right behind right turning  $\frac{1}{4}$  turn facing RLOD.

**Release right hands and re-catch after turns, pass left hands overhead during both turns.**

4-5-6      Step right straight back, step left back turning  $\frac{1}{4}$  turn pivoting on ball of left foot turn to the left stepping with right slightly ahead of left toward LOD.

1-2-3      Step forward, standard waltz steps. Left-right-left  
4-5-6      Step back, standard waltz steps. Right-left-right

## CARROUSEL STEPS:

1-2-3      **MAN:** (Stepping left-right-left) circle woman in to the right direction making  $\frac{1}{4}$  rotation. Man should lead a turn to the left for woman while releasing left hand.

**LADY:** Pivot to the left stepping left behind right on first step. Woman is to remain inside of man's circle move. Right hands are raised over the woman's head, flats of palms touching.

4-5-6      **MAN:** Continue circling woman (stepping right-left-right) to complete half the circle facing back

**line of dance crossing right in front of left on 4 count.**

**LADY:** Continue turning to face back line of dance.

1-2-3      **MAN:** Complete another  $\frac{1}{4}$  rotation to the right around woman. (stepping left-right-left)

**LADY:** Continue to  $\frac{3}{4}$  pivot position

4-5-6      **MAN:** Step to the side of woman facing line of dance.

**LADY:** Complete pivot to face line of dance as man completes circle.

## REPEAT

## SINGLE DANCER OPTION:

All Steps can be done by single dancer except the carousel turns. Employ simple turns instead of tandem turns, while facing in appropriate directions. Use the diamond star described below instead of the carousel turns.

**DIAMOND STAR:**

1-2-3 Step forward left-right-left with  $\frac{1}{4}$  left turn. (face inside line of dance)

4-5-6 Step back right-left-right with  $\frac{1}{4}$  left turn. (face reverse line of dance)

1-2-3 Step forward left-right-left left turn. (face outside line of dance)

4-5-6 Step back right-left-right left turn. (face toward line of dance)

**My objective was to slow down and elongate all turns and moves to emphasize the graceful flow of the waltz steps. For those with other motives, I add this amendment of variations.**

**VARIATIONS:**

For the more advanced dancer, wanting to add some challenge to this dance:

1. Perform two or more turns in 12 steps instead of one for the tandem turns. (not as graceful for most)
  2. The man and woman can make two revolutions in the carousel turn instead of one. (pretty tough for the man)
  3. On the standard waltz steps, man can turn the woman  $\frac{1}{2}$  turn to left and back again, for a facing move. Hands will be crossed when couple is facing each other. (the woman may not like it)
  4. Use faster music, but I think the number selected, or similar bpm waltz, is the best for these moves.
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