

# Carolina Shaggin'

COPPER KNOB  
BY STEPHEN HETS

拍數: 0      牆數: 2      級數: Advanced  
編舞者: Leslie Moore (USA)  
音樂: Dancin', Shaggin' On the Boulevard - Alabama



## PART A (VERSE)

### CROSSOVER BASIC

- 1&2      Step forward on right foot, step left next to right, step back on right foot (like a forward coaster step)  
3&4      Step back on left foot step right across/in front of left, step left to left side  
5-6      Rock slightly to right side on right foot, recover left in place

### KICK BACK & LEAN

- 1-2      Step right across left, kick left foot slightly to left side  
3&4      Step left behind right, step right to right side, step left to left side  
5      Swing right foot across left, while turning  $\frac{1}{4}$  to left on ball of left foot (extend left arm out to left side)  
6      Step down with right foot across left  
7&8      Step back with left foot, step right to right side to turn to original wall, step left to left side

### BOOGIE WALK

- 1-2      Step right across left, kick left foot slightly to left side  
&3      Step left behind right, step right to right side  
4      Kick left foot forward, low  
&      Step slightly back on left foot  
5      Step forward on right side of right foot, rolling right foot & knee outward as you take weight  
6      Step forward on left side of left foot, rolling left foot & knee outward as you take weight

### SIDE TO THE SIDE

- 1&2      Step right behind left, step left to left side, step right across/in front of left  
&3      Step back on left foot, touch right heel forward  
&4      Step forward on right foot, touch left toe behind right heel (ankles crossed)  
&5      Step back on left foot, swing right leg upward into a hitch, and spin a full turn to the right with weight on ball of left foot  
6      Step down on right foot  
7&8      Triple step in place left-right-left

### DOUBLE KICKBACK

- 1-2      Step right across left, kick left foot to left side  
3&4      Step left behind right, step right to right side, step left in place  
&5      Stepping right foot across/in front of left, ball change right-left  
&6      Stepping right foot hooked behind left ankle, ball change right-left  
7-8      Step forward right, pivot  $\frac{1}{2}$  to left

## PART B (CHORUS)

### FUNKY APPLEJACK

- 1&2      Turning  $\frac{1}{4}$  to left, shuffle forward right-left-right  
3&4      Turning  $\frac{1}{2}$  to right, shuffle forward left-right-left  
5-6      Turning  $\frac{1}{4}$  to left (where you started this phrase), touch right toe, turning foot inward, touch right heel, turning foot outward  
7&8      Triple step right-left-right, to do a full turn to the left

## **BELLY ROLL**

- 1-2 Touch left toe to rear, step left next to right
- 3-4 Touch right toe to rear, step right next to left
- 5-6 "Roll" body from your belly, left-right
- 7-8 Step left, right in place

## **FUNKY APPLEJACK - REVERSE DIRECTIONS!**

- 1&2 Turning  $\frac{1}{4}$  to right, shuffle forward left-right-left
- 3&4 Turning  $\frac{1}{2}$  to left, shuffle forward right-left-right
- 5-6 Turning  $\frac{1}{2}$  to right, touch left toe, turning foot inward, touch left heel, turning foot outward
- 7&8 Triple step left-right-left, to do a full turn to the right

## **BELLY ROLL - REVERSE DIRECTIONS!**

- 1-2 Touch right toe to rear, step right next to left
- 3-4 Touch left toe to rear, step left next to right
- 5-6 "Roll" body from your belly left-right
- 7-8 Step right, left in place

## **REPEAT**

**Dance Sequence:** You will do the verse followed by the chorus 4 times in a row without a bridge or interruption. Following the fifth verse (if you don't want to count, listen for the part about the "Bama Boys at the Bowery - they don't dance but they play for free..."), start the chorus part normally. At the end of the second (reverse) sequence, replace your RIGHT-LEFT step with a step forward on the right, pivot  $\frac{1}{2}$  to left, to bring your back to the front wall. Continue by repeating the chorus sequence until the music fades away. The tune named above is not Shag music. It is a rumba or slow cha-cha.

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