

Carolina

拍數: 32 牆數: 4 級數: Intermediate social cha
編舞者: Steve Rutter (UK) & Glynn Holt (UK)
音樂: Oh Carolina - Shaggy



ROCK & CROSSES, FORWARD ROCK, TRIPLE $\frac{3}{4}$ TURN RIGHT

1&2 Rock right-to-right side, recover weight onto left, cross right over left
3&4 Rock left-to-left side, recover weight onto right, cross left over right
5-6 Rock forward on right, recover weight back onto left
7&8 Make a $\frac{3}{4}$ turn right stepping on right, left, right

SIDE ROCK, SAILOR $\frac{1}{4}$ TURN LEFT, FORWARD ROCK, TRIPLE $\frac{1}{2}$ TURN RIGHT

9-10 Rock left-to-left side, recover weight onto right
11&12 Cross left behind right, make a $\frac{1}{4}$ turn left stepping right beside left (taking weight), step left slightly forward replacing weight onto left
13-14 Rock forward on right, recover weight back onto left
15&16 Make a $\frac{1}{2}$ turn right stepping on right, left, right

HIP SWAYS, CHASSE LEFT, HIP SWAYS, CHASSE RIGHT WITH $\frac{1}{4}$ TURN RIGHT

17-18 Step left-to-left side swaying hips left, sway hips right
19&20 Step left-to-left side, close right beside left, step left to left side
21-22 Step right-to-right side swaying hips right, sway hips left
23&24 Step right to right side, close left beside right, make a $\frac{1}{4}$ turn right stepping forward on right

ROCK & CROSSES, FORWARD ROCK, TRIPLE $\frac{1}{2}$ TURN LEFT

25&26 Rock left-to-left side, recover weight onto right, cross left over right
27&28 Rock right-to-right side, recover weight onto left, cross right over left
29-30 Rock forward on left, recover weight back onto right
31&32 Make a $\frac{1}{2}$ turn left stepping on left, right, left

REPEAT
