

Carmela's Cha Cha (P)

COPPER KNOB
BY SHEETS

拍數: 48 牆數: 0 級數: Partner
編舞者: Rosie Multari (USA)
音樂: We Were In Love - Toby Keith



Position: Sweetheart position

BASIC LEFT CHA-CHA

1-2 Rock forward on left, recover weight into right
3&4 Step left back, step right next to left, step back left

BASIC RIGHT CHA-CHA (LADY SWITCHES SIDES)

5-6 Rock back on right, recover weight into left
7&8 **MAN:** Step slightly back right, step left next to right, step in place right
LADY: (crossing in front of man, moving to his left side; continue holding hands) Step forward Right, step Left to left side, Step Right next to Left (reverse Sweetheart position)

BASIC LEFT CHA-CHA (LADY FACES PARTNER)

1-2 Rock back on left, recover weight into right
3&4 **MAN:** Step slightly forward left, step right next to left, step left in place
LADY: (turning ½ to right, facing partner, continue holding hands, which are now crossed, left over right) Step forward Left, step Right next to Left, Step Left next to Right

BASIC RIGHT CHA-CHA (LADY RETURNS TO SWEETHEART POSITION)

5-6 Rock back on right, recover weight into left
7&8 **MAN:** Step slightly forward on right, step left next to right, step right in place
LADY: (turning ½ to left, under joined hands, ending in sweetheart position) Step forward on Right, step Left next to Right, step Right to right side

BASIC LEFT & RIGHT CHA-CHA WITH TURNS

1-2 Rock back on left, recover weight into right
3&4 (while completing a ½ turn to right) step forward on left, step right next to left, step forward on left (now both facing RLOD)
5-6 Rock back on right, recover weight into left (now both facing LOD)
7&8 (while completing a ½ turn to left) step forward on right, step left next to right, step forward on right (now both facing LOD)

BASIC LEFT CHA-CHA

1-2 Rock back on left, recover weight into right
3&4 Step forward left, step right next to left, step forward left

WALK RIGHT CHA-CHA

5-6 Step forward right, step forward left (option: "boogie walk", crossing right over left, then crossing left over right)
7&8 Step forward right, step left next to right, step forward right

¼ PIVOT LEFT, HIP SWAYS

1-2 Step forward left, ¼ pivot turn to right shifting weight into right (hands joined at lady's shoulders, man behind lady)
3-4 Sway hips left, right (shifting weight from left to right)

SHUFFLES WITH LEFT WINDMILL TURNS

- 5 Turning $\frac{1}{4}$ left, step left forward, releasing left hands, raising right hands over lady's head,
&6 Step right next to left, step forward left making a $\frac{1}{4}$ turn to left, reconnect left hands (lady must pick up the man's left hand because this is a blind hand change for him). Couple now facing ILOD
- 7& Step forward right, step left next to right, dropping right hands, raising left hands over lady's head, turning $\frac{1}{2}$ left,
- 8 Step forward left (man must pick up lady's right hand, this is a blind turn for her!) Couple now facing OLOD

SHUFFLES WITH $\frac{1}{4}$ TURN, BASIC BOX STEP

- 1&2 Step forward left, making $\frac{1}{4}$ turn left, step right next to left, step forward left (hands are joined, returning to sweetheart position)
- 3&4 Step forward right, step left next to right, step forward right
- 5-8 Step left over right, step right slightly back, step left to left side, step right

REPEAT
