Caribbean Cadence (P)



拍數: 40 牆數: 0 級數: Partner

編舞者: Karen Paakkari

音樂: Get Into Reggae Cowboy - The Bellamy Brothers



Position: Men face LOD, ladies face RLOD. Right shoulder to right shoulder.

RIGHT HEELS

Couples turn slightly toward each other. Face front with right foot in front at about 45 degrees

1-4 Tap right heel four times

LEFT HEELS

Couples turn back to back. Swivel heels right to face slightly left

5-8 Tap left heel four times

SWIVELS, CLAP

Lean back slightly on the clap, right foot will be as at start

9-11 On ball of both feet, swivel heels left, right, left

12 Clap hands

HIP BUMPS & ROLLS

| 13-14 | Push hips to the right twice (towards each other) |
|-------|--|
| 15-16 | Push hips to the left twice (away from each other) |
| 17 | Push hips to the right (towards each other) |
| 18 | Roll hips to the left (away from each other) |
| 19 | Push hips to the right (towards each other) |
| 20 | Roll hips to the left (away from each other) |

SHUFFLE IN PLACE, MILITARY TURN

21&22 Cha-cha in place right, left, right

23 Left step forward

On ball of both feet, pivot ½ turn to the right (finish with weight on right)

SHUFFLE IN PLACE, MILITARY TURN

25&26 Cha-cha in place left, right, left

27 Right step forward

28 On ball of both feet, pivot ½ turn to the left (finish with weight on left)

CHA, CHA, CHA, CHANGE PARTNERS, CHA, CHA, CHA,

For singles line dance follow ladies

29&30 BOTH: Cha-cha in place, right, left, right

31-32 MAN: Walk forward left, right

LADY: Left step forward, right step back

33&34 Cha-cha in place left, right, left

MILITARY TURNS, STOMP, CLAP

| 35 | Right step forward |
|-----|--------------------|
| .17 | Rioni Sien ioiwaio |
| | |

On ball of both feet pivot ½ turn to the left (finish with weight on left)

37 Right step forward

On ball of both feet pivot ½ turn to the left (finish with weight on left)

39 Right stomp next to left

40 Clap hands