

Caress

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Gaye Teather (UK)
音樂: Under The Moon - Redfern & Crookes



CROSS ROCK, RIGHT CHASSE, CROSS ¼ TURN LEFT TWICE, SLIDE

1-2 Cross rock right over left, recover onto left
3&4 Step right to right, step left beside right, step right to right
5-6 Cross left over right, make ¼ turn left stepping back on right
7-8 Make ¼ turn left stepping left to left side, slide right foot to touch beside left

CROSS ROCK, RIGHT CHASSE, CROSS ¼ TURN LEFT TWICE, SLIDE

9-16 Repeat steps 1-8

SIDE RIGHT, CLOSE, RIGHT CHASSE, CROSS, BACK, ¼ TURN LEFT, TOUCH IN & OUT

17-18 Step right to right side, close left beside right
19&20 Step right to right, step left beside right, step right to right
21-22 Cross left over right, step back on right
23&24 Turn ¼ left stepping left to left, touch right beside left, touch right toe to right side

RIGHT CROSS, POINT, LEFT SHUFFLE TWICE

25-26 Cross step right over left, point left toe to left
27&28 Step forward on left, step right beside left, step forward on left
29-32 Repeat steps 25-28

During steps 27&28 and 31&32 the left shuffles will travel forward on a slight right diagonal following the natural direction of the body

FORWARD ROCK, SHUFFLE ½ TURN RIGHT, FULL TURN RIGHT, STEP ¼ TURN RIGHT

33-34 Rock forward on right, recover onto left
35&36 Shuffle ½ turn right stepping right, left, right
37-38 Make ½ turn right stepping back on left, make ½ turn right stepping forward on right
39-40 Step forward on left, pivot ¼ right (weight ends on right)

CROSS FRONT, SIDE, BEHIND, SWEEP, CROSS BEHIND, SIDE, FRONT, ¼ TURN RIGHT

41-44 Cross left over right, step right to right, cross left behind right, sweep right out and around
45-48 Cross right behind left, step left to left, cross right over left, make ¼ turn right hitching left slightly

FORWARD LEFT, TOUCH, RIGHT CHASSE TWICE

49-50 Step forward on left, touch right beside left
51&52 Step right to right, step left beside right, step right to right
53-56 Repeat steps 49-52

FORWARD ROCK, SHUFFLE ½ TURN LEFT, STEP ¼ TURN LEFT TWICE

57-58 Rock forward on left, recover onto right
59&60 Shuffle ½ turn left stepping left, right, left
61-62 Step forward on right, pivot ¼ turn left
63-64 Step forward on right, pivot ¼ turn left

REPEAT