

Cardiac Overdrive

COPPER **NOB**
STEPSHEETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: John "Growler" Rowell (UK)
音樂: Take The Keys To My Heart - Garth Brooks



POINT, TOUCH, POINT, SLAP, POINT, BEHIND, SIDE, CROSS

1-2 Point right to right, touch right in place
3-4 Point right to right, flick right across front of left slapping foot with left hand
5-6 Point right to right, step right behind left
7-8 Step left to left, cross right over front of left

POINT, TOUCH, POINT, SLAP, POINT, BEHIND, SIDE, CROSS

9-10 Point left to left, touch left in place
11-12 Point left to left, flick left behind right slapping foot with right hand
13-14 Point left to left, step left behind right
15-16 Step right to right, cross left over front of right

(full turn TURNING TOE STRUTS) TOE, TURN, TOE, TURN, TOE, TURN, TOE, TURN

17-18 Step right toe forward, pivot quarter turn left on balls of feet dropping right heel
19-20 Step left toe back, pivot quarter turn left on balls of feet dropping left heel
21-22 Step right toe to right, pivot quarter turn left on balls of feet dropping right heel
23-24 Step left toe to left, pivot quarter turn left on balls of feet dropping left heel

RIGHT-ROCK, STEP, CROSS, HOLD, LEFT-ROCK, STEP CROSS, HOLD

25-26 Rock right to right, recover weight to left
27-28 Cross right over front of left, hold
29-30 Rock left to left, recover weight to right
31-32 Cross left over front of right, hold

RIGHT VINE WITH TOUCH, 3 STEP ONE & A QUARTER TURN LEFT, & SCOOT, HITCH

33-34 Step right to right, cross left behind right
35-36 Step right to right, touch left next to right
37-38 Step left quarter turn left, pivot half turn left on ball of left stepping back right
39&40 Pivot half turn left on ball of right stepping forward left, small scoot forward on left, hitch right

RIGHT FORWARD, TOGETHER, RIGHT BACK, TOGETHER, & HEEL-HOLD, & TOUCH-HOLD

41-42 Step right forward, step left next to right
43-44 Step right back, step left next to right
&45-46 Small step back on right, extend left heel to left diagonal, hold
&47-48 Step down on left, touch right next to left, hold

& HEEL, TOGETHER, & HEEL, TOGETHER, STEP, LOCK, STEP, LOCK

&49&50 Small step back on right, extend left heel to left diagonal, step down on left, touch right next to left
&51&52 Small step back on right, extend left heel to left diagonal, step down on left, touch right next to left
53-54 Step forward right, lock left behind right
55-56 Step forward right, lock left behind right

STEP, HALF-TURN, WALK RIGHT, WALK LEFT, SIDE-RIGHT, TOUCH, SIDE-LEFT TOUCH

57-58 Step forward right, pivot half turn left
59-60 Walk forward right, walk forward left

61-62 Step right to right, touch left next to right
63-64 Step left to left, touch right next to left

REPEAT
