

# Cardiac Overdrive

**COPPER** KNOB  
STEPSHEETS

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: John "Growler" Rowell (UK)  
音樂: Take The Keys To My Heart - Garth Brooks



## **POINT, TOUCH, POINT, SLAP, POINT, BEHIND, SIDE, CROSS**

1-2      Point right to right, touch right in place  
3-4      Point right to right, flick right across front of left slapping foot with left hand  
5-6      Point right to right, step right behind left  
7-8      Step left to left, cross right over front of left

## **POINT, TOUCH, POINT, SLAP, POINT, BEHIND, SIDE, CROSS**

9-10      Point left to left, touch left in place  
11-12      Point left to left, flick left behind right slapping foot with right hand  
13-14      Point left to left, step left behind right  
15-16      Step right to right, cross left over front of right

## **(full turn TURNING TOE STRUTS) TOE, TURN, TOE, TURN, TOE, TURN, TOE, TURN**

17-18      Step right toe forward, pivot quarter turn left on balls of feet dropping right heel  
19-20      Step left toe back, pivot quarter turn left on balls of feet dropping left heel  
21-22      Step right toe to right, pivot quarter turn left on balls of feet dropping right heel  
23-24      Step left toe to left, pivot quarter turn left on balls of feet dropping left heel

## **RIGHT-ROCK, STEP, CROSS, HOLD, LEFT-ROCK, STEP CROSS, HOLD**

25-26      Rock right to right, recover weight to left  
27-28      Cross right over front of left, hold  
29-30      Rock left to left, recover weight to right  
31-32      Cross left over front of right, hold

## **RIGHT VINE WITH TOUCH, 3 STEP ONE & A QUARTER TURN LEFT, & SCOOT, HITCH**

33-34      Step right to right, cross left behind right  
35-36      Step right to right, touch left next to right  
37-38      Step left quarter turn left, pivot half turn left on ball of left stepping back right  
39&40      Pivot half turn left on ball of right stepping forward left, small scoot forward on left, hitch right

## **RIGHT FORWARD, TOGETHER, RIGHT BACK, TOGETHER, & HEEL-HOLD, & TOUCH-HOLD**

41-42      Step right forward, step left next to right  
43-44      Step right back, step left next to right  
&45-46      Small step back on right, extend left heel to left diagonal, hold  
&47-48      Step down on left, touch right next to left, hold

## **& HEEL, TOGETHER, & HEEL, TOGETHER, STEP, LOCK, STEP, LOCK**

&49&50      Small step back on right, extend left heel to left diagonal, step down on left, touch right next to left  
&51&52      Small step back on right, extend left heel to left diagonal, step down on left, touch right next to left  
53-54      Step forward right, lock left behind right  
55-56      Step forward right, lock left behind right

## **STEP, HALF-TURN, WALK RIGHT, WALK LEFT, SIDE-RIGHT, TOUCH, SIDE-LEFT TOUCH**

57-58      Step forward right, pivot half turn left  
59-60      Walk forward right, walk forward left

61-62 Step right to right, touch left next to right  
63-64 Step left to left, touch right next to left

**REPEAT**

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