

Car Wash

拍數: 32 牆數: 4 級數: Intermediate hip hop
編舞者: The Young Guns (SG)
音樂: Car Wash (feat. Missy Elliot) - Christina Aguilera



KICK STEP, KICK STEP, WALK WALK, POINT HITCH, COASTER STEP

1& Kick right forward, step right forward down
2& Kick left forward, step left forward down
3-4 Walk right forward, walk left forward
5&6 Point right to right, hitch right beside left knee, step right back
7&8 Step left back, step right beside left, step left forward

When doing counts 1-4 do it in a funky way

WALK WALK, FORWARD SHUFFLE, STEP PIVOT ½ TURN, SIDE ROCK CROSS

1-2 Walk right forward (swing head to right), walk left forward (swing head to left)
3&4 Step right forward (pop right shoulder up), step left slightly beside right (pop left shoulder up),
step right forward (pop right shoulder up)
5-6 Step left forward, pivot ½ turn right and put weight onto right
7&8 Rock left to left replace weight onto right, cross left over right

SIDE ROCK KICK STEP, SIDE ROCK ¼ TURN KICK STEP, TOE SWITCHES, POINT HITCH POINT MAKING ½ TURN

1&2& Rock right to right, replace weight onto left, kick right forward, step right beside left
3&4& Rock left to left, making ¼ turn left replace weight onto right, kick left forward, step left beside right
5&6 Point right to right, step right beside left, point left to left
7-8 Making ¼ turn right point to left, making another ¼ turn right point left to left

CROSS AND HEEL, SAILORS STEPS, POINT UNWIND ½ TURN

1&2& Cross left over right, step right slightly back left heel diagonally forward step left beside right
3&4 Step right back of left, step left to left, step right to right
5&6 Step left back of right, step right to right step left to left
7-8 Point right back of left, unwind ½ turn right(remain weight on left and right still pointing)

REPEAT

RESTART

On wall 6 do until counts 29&30 (the sailors steps) then start the dance on the front wall. Do not do the point unwind.