

Captain Crash

COPPER **KNOB**
BY STEPHEN METZ

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Heidi Leigep-Brown (AUS)
音樂: Captain Crash & the Beauty Queen From Mars - Bon Jovi



RIGHT DOROTHY, STEP LEFT FORWARD, RECOVER RIGHT, ½ TURN LEFT, RIGHT DOROTHY, STEP LEFT FORWARD, RECOVER RIGHT, ¼ TURN LEFT

- 1-2&3-4& Step right to 45 degrees right, lock step left behind right, step right forward, step left forward, rock/step back onto right, turning ½ left step left beside right
- 5-6&7-8& Step right to 45 degrees right, lock step left behind right, step right forward, step left forward, rock/step back onto right, turning ¼ left step left beside right

PIVOT ½ LEFT, PIVOT ½ LEFT, CROSS SHUFFLE & CROSS & HEEL

- 9-10-11-12 Step right forward, turn ½ left (weight on left), step right forward, turn ½ left (weight on left)
- 13&14&15&16 Step right over left, step left to left, step right over left, step left to left, step right over left, step back on left, touch right heel 45 degrees right

& RIGHT HEEL GRIND, CROSS & HEEL & RIGHT HEEL GRIND, CROSS & HEEL &

- &17-18 Flick right foot back, touch right heel forward (toes pointing 45 degrees left), turning toes 45 degrees right step toes down
- 19&20 Cross left over right, step back on right, touch left heel forward 45 degrees left
- &21-22 Step left beside right flicking right foot back, touch right heel forward (toes pointing 45 degrees left), turning toes 45 degrees right step toes down
- 23&24& Cross left over right, step back on right, touch left heel forward 45 degrees left, step left next to right

Restart on wall 4

HIP BUMP RIGHT, SWAY HIPS LEFT, RIGHT SAILOR & HIP BUMP RIGHT, SWAY HIPS LEFT, RIGHT SAILOR

- 25-26-27&28& Step right to right & bump hips right, sway hips left, right sailor (cross/step right behind left, rock /step left to left, step right to right), step left next to right (moving back slightly on sailor step)
- 29-30-31&32 Step right to right & bump hips right, sway hips left, right sailor (cross/step right behind left, rock /step left to left, step right to right) (moving back slightly on sailor step)

Restart on wall 2

STEP LEFT FORWARD, RECOVER RIGHT & STEP RIGHT FORWARD, RECOVER LEFT, 1 ½ RIGHT TRIPLE BACKWARDS, STEP LEFT FORWARD, RECOVER RIGHT

- 33-34&35-36 Step left forward, rock/step back onto right, step left beside right, step right forward, rock/step back onto left
- 37&38-39-40& Right triple turning 1 ½ right moving backwards (right, left, right), step left forward, rock/step back onto right, step left next to right

TOUCH RIGHT TOE BACK, PIVOT ½ RIGHT, LEFT SHUFFLE FORWARD, STEP RIGHT FORWARD, ¾ TURN LEFT TOUCH LEFT NEXT TO RIGHT, LEFT SHUFFLE FORWARD

- 41-42-43&44 Touch right toe back, pivot ½ right (weight on right), left shuffle forward (step left forward, step right beside left, step left forward)
- 45-46-47&48 Step right forward, turning ¾ left touch left beside right, left shuffle forward (step left forward, step right beside left, step left forward)

REPEAT

RESTARTS:

On wall 2, dance up to count 32 turning ¼ right on right sailor, add "&" step then start dance again

31&32& Right sailor (cross/step right behind left, rock/step left to left, turning $\frac{1}{4}$ right step right forward), step left next to right

On wall 4, dance up to count 24 turning $\frac{1}{4}$ left on cross & heel then start dance again

23&24& Cross left over right, turning $\frac{1}{4}$ left step back on right, touch left heel forward 45 degrees left, step left next to right

FINISH

Finishes at front wall on count 44

41-42-43-44 Touch right toe back, pivot $\frac{1}{2}$ right (weight on right), step left forward, turning $\frac{1}{4}$ turn right touch right beside left (facing front wall)
