

Cannibal Stomp

COPPER KNOB
STEPPERS

拍數: 72 牆數: 2 級數:
編舞者: Lisa Firth (AUS)
音樂: Cannibals - Mark Knopfler



Position: Feet together weight on the left foot.

Dance starts after drum beats at instrumental and continues at the end to finish the dance

SIDE RIGHT, HOLD, LEFT ACROSS, HOLD, SIDE RIGHT, HOLD, LEFT ACROSS, HOLD

1-4 Stomp right to the side, hold, stomp left across in front of right, hold

5-8 Stomp right to the side, hold, stomp left across in front of right, hold

RIGHT SHUFFLE SIDE, BACK LEFT, ROCK FORWARD

1&2 Shuffle to the right: right-left-right

3-4 Step left back, rock forward onto right

SIDE LEFT, HOLD, RIGHT ACROSS, HOLD, SLIDE LEFT, HOLD, RIGHT ACROSS, HOLD

1-4 Stomp left to the side, hold, stomp right across in front of left, hold

5-8 Stomp left to the side, hold, stomp right across in front of left, hold

LEFT SHUFFLE TO THE SIDE, BACK RIGHT, ROCK FORWARD

1&2 Shuffle to the left: left-right-left

3-4 Step right back, rock forward onto left

FORWARD RIGHT SCUFF LEFT, FORWARD LEFT SCUFF RIGHT (REPEAT)

1-4 Step right forward, scuff left, step left forward, scuff right

5-8 Step right forward, scuff left, step left forward, scuff right

STOMP RIGHT STOMP RIGHT KICK RIGHT KICK RIGHT

1-4 Stomp right together, stomp right together, kick right kick right

5-6 Step right back, rock forward onto left

BACK RIGHT ROCK FORWARD, FORWARD RIGHT ½ TURN LEFT

7-8 Step right forward, turn ½ turn left - weight to left

FORWARD RIGHT SCUFF LEFT, FORWARD LEFT SCUFF RIGHT (REPEAT)

1-4 Step right forward, scuff left, step left forward, scuff right

5-8 Step right forward, scuff left, step left forward, scuff right

STOMP RIGHT STOMP RIGHT KICK RIGHT KICK RIGHT

1-4 Stomp right together, stomp right together, kick right kick right

BACK RIGHT ROCK FORWARD, FORWARD RIGHT ½ TURN LEFT

5-6 Step right back, rock forward onto left

7-8 Step right forward, turn ½ turn left - weight to left

VINE RIGHT - HITCH LEFT & ½ TURN RIGHT, VINE LEFT

1-2 Step right to the side, cross left behind right

3-4 Step right to the side, hitch left turning ½ turn to the right

5-6 Vine left: step left to the side, cross right behind left

7-8 Step left to the side, step right together right

KNEE WOBBLES: SIDE RIGHT HOLD, LEFT ACROSS, HOLD

- 1-2 Step right to the side & wobble knees in-out-in-out
- 3-4 Step left across in front of right & wobble knees in-out-in-out
- 5-6 Step right to the side & wobble knees in-out-in-out
- 7-8 Step left across in front of right & wobble knees in-out-in-out

REPEAT
