

Candela

COPPER KNOB
BY STEPHEN

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Kate Sala (UK)
音樂: Que Te Den Candela - Banda Caliente



INTRO

LEFT SIDE MAMBO, RIGHT SIDE MAMBO, FULL TURN LEFT WITH STEP BALL TURN X 3, STEP FORWARD

1&2 Rock left out to left side, rock on right in place, step left next to right
3&4 Rock right out to right side, rock on left in place, step right next to left
5&6&7& Turn ¼ left stepping forward on left, step ball of right behind left, repeat two more times
8 Turn ¼ left stepping forward on left

MAMBO STEP, BACK LOCK STEP, BACK ROCK, FORWARD ROCK, SIDE TOUCH, PIVOT ¼ TURN RIGHT

1&2 Rock forward on right, rock back on left, step right next to left
3&4 Step back on left, lock step right in front of left, step back on left
5&6& Rock back on right, rock forward on left, rock forward on right, rock back on left
7-8 Touch right toe out to right side, pivot ¼ turn right, (transferring weight to right)

FORWARD SHUFFLE, ROCKING CHAIR, SIDE TOUCH, PIVOT ¼ TURN RIGHT, SHUFFLE

1&2 Step forward on left, step right next to left, step forward on left
3&4& Rock forward on right, rock back on left, rock back on right, rock forward on left
5-6 Touch right toe out to right side, pivot ¼ turn right, (transferring weight to right)
7&8 Step forward on left, step right next to left, step forward on left, (facing back wall)

RIGHT SIDE MAMBO, LEFT SIDE MAMBO, FULL TURN AND ½ RIGHT WITH STEP BALL TURN X 3, STEP FORWARD

1&2 Rock right out to right side, rock on left in place, step right next to left
3&4 Rock left out to left side, rock on right in place, step left next to right
5& Turn ¼ right stepping forward on right, step ball of left behind right
6&7& Turn ½ right stepping forward on right, step ball of left behind right, repeat 6 &
8 Turn ¼ right stepping forward on right, (finish intro facing the front wall)

THE MAIN DANCE

FORWARD STEP, SIDE SWITCHES, LEFT WEAVE, LONG SIDE STEP, HOLD

1-2 Step forward on left, touch right toe out to right side
&3&4 Step right next to left, touch left toe out to left side, step left next to right, touch right toe out to right side
5&6 Cross step right behind left, step left to left side, cross step right in front of left
7-8 Long side step left to left side, hold

RIGHT BALL CHANGE, TURN ¼ RIGHT, FORWARD SHUFFLE, FORWARD STEP, FORWARD ROCK, SIDE ROCK, HEEL

&1-2 Step back on ball of right, step left in place, turn ¼ right stepping forward on right
3&4 Step forward on left, step right next to left, step forward on left

Or triple full turn right traveling forward

5 Step forward on right
6&7& Rock forward on left, recover on to right, side rock left to left side, recover on to right
8 Dig left heel across right

LEFT SIDE ROCK, CROSS STEP BEHIND, CHASSE, SWAY, CHASSE ¼ TURN LEFT

&1-2 Rock out on left to left side, recover on right, cross step left behind right
3&4 Step right to right side, step left next to right, step right to right side
5-6 Sway hips left, sway hips right
7&8 Step left to left side, step right next to left, turn ¼ left stepping forward on left

PIVOT ½ TURN LEFT, TURN ¼ LEFT WITH SIDE ROCK & CROSS, SIDE STEP, SAILOR STEP, BEHIND STEP, SIDE STEP

1-2 Step forward on right, pivot ½ turn left
3&4 Turn ¼ left rocking right out to right side, rock on to left, cross step right over left
5 Step left out to left side
6&7 Cross step right behind left, step left to left side, step right in place
&8 Cross step left behind right, step right to right side

FORWARD SHUFFLE, ROCKING CHAIR, SIDE TOUCH, PIVOT ¼ TURN RIGHT, SHUFFLE

1&2 Step forward on left, step right next to left, step forward on left
3&4& Rock forward on right, rock back on left, rock back on right, rock forward on left
5-6 Touch right toe out to right side, pivot ¼ turn right, (transferring weight to right)
7&8 Step forward on left, step right next to left, step forward on left, (facing back wall)

RIGHT SIDE MAMBO, LEFT SIDE MAMBO, FULL TURN RIGHT, WITH STEP BALL TURN X 3, STEP FORWARD

1&2 Rock right out to right side, rock on left in place, step right next to left
3&4 Rock left out to left side, rock on right in place, step left next to right
5&6&7& Turn ¼ right stepping forward on right, step ball of left behind right, repeat 2 more times
8 Turn ¼ right stepping forward on right, (facing the back wall)

REPEAT
