

C&D Boogie

拍數: 48 牆數: 4 級數: Improver
編舞者: Chris Haas (USA) & Dick Haas (USA)
音樂: Shut Up and Kiss Me - Mary Chapin Carpenter



LEFT AND RIGHT--STOMP, LOOP, TRIPLE STEP IN PLACE

1-2 Stomp left in front of right; loop left foot in a small circle to the left
3&4 Triple step in place stepping left, right, left
5-6 Stomp right in front of left; loop right foot in a small circle to the right
7&8 Triple step in place stepping right, left, right.

STEP, KICK-PIVOT, STEPS WITH SCOOT

9-10 Step left foot forward; kick right foot forward pivoting ½ turn left
11-12 Step right beside left; scoot forward on right and hitch left knee up
13-14 Step left foot forward; scoot forward on left and hitch right knee up
15-16 Step right foot forward; scoot forward right and hitch left knee up.

STEP, KICK-PIVOT, STEP, SCOOT, ¼ TURN, HIP BUMPS

17-18 Step left foot forward; kick right foot forward pivoting ½ turn left
19-20 Step right beside left; scoot forward on right and hitch left knee up
21-22 Turning ¼ left step on right and bump hips left twice
23-24 Bump hips right twice.

HIP BUMPS, STEP, DRAG, PIVOT, STEP, DRAG

25-26 Bump hips to the left, then to the right
27-28 Step left foot to left side; drag right toe behind left
29-30 Pivot ½ turn left on right foot stepping left foot to left side; scuff right heel forward
31-32 Step right to right side; drag left toe to behind right heel.

PIVOT, SCUFF, HIP BUMPS

33-34 Pivot ½ turn right on the left foot stepping right foot to right side; scuff left heel forward
35-36 Step left foot left and bump hips left twice
37-38 Bump hips right twice
39-40 Bump hips to the left; bump hips to the right.

HEEL STEPS, ¼ TURNS, TOE STEPS

41-42 Step onto left heel in place; step onto right heel in place
43-44 Turning ¼ right, step on ball of left foot; step on ball of right beside left
45-46 Step onto left heel in place; step onto right heel in place
47-48 Turning ¼ left, step onto ball of left foot; stomp right beside left.

REPEAT
