

Canadian Man

拍數: 32 牆數: 4 級數: Improver
編舞者: EJ Foley (CAN)
音樂: Canadian Man - Paul Brandt



- 1&2 Shuffle forward, right, left, right
3 Step forward with left, rocking weight onto left
4 Rock weight back onto right
5&6 Stepping back with left, shuffle back, left, right, left
7 Step back with right, rocking weight onto right
8 Rock weight forward onto left
- 9 Making a $\frac{1}{4}$ turn left, step to right side with right
10 Touch left toe beside right instep, twisting slightly to left
11 Step forward with left
12 Touch right toe beside left instep, twisting slightly to right
13 Step forward with right
14 Touch left toe beside right instep, twisting slightly to left
15 Step forward with left
16 Touch right toe beside left instep, twisting slightly to right
- 17&18 Side shuffle to right with right, left, right
19 Twisting to left, step across behind to right with left, shifting weight onto left
20 Rock weight back forward onto right
21&22 Side shuffle to left with left, right, left
23 Twisting to right, step across behind to left with right, shifting weight onto right
24 Rock weight back forward onto left
- 25 Making $\frac{1}{4}$ turn to left, step to right side with right
26 Touch left toe beside right instep
27 Step to left with left
28 Slide right beside left
29 Step to left with left
30 Touch right toe beside left instep
31 Touch right toe to right side
32 Touch right toe beside left instep

REPEAT
