

Can-Am Connection

COPPER **NOB**
BY STEPHEN BRETZ

拍數: 48 牆數: 4 級數: Improver
編舞者: Bill Macleod (CAN), Derek Steele (USA) & Ron Kline (USA)
音樂: What Is Love - Haddaway



KICK, STEP BACK WITH ¼ PIVOT, SHIFT LEFT AND RIGHT, STEP WITH ¼ PIVOT, KICK, SYNCOPATED BACK TOGETHER, HOLD/CLAP

- 1-4 Kick right foot forward, pivot ¼ to the right on left foot stepping right foot to right side, shift weight to left foot, shift weight to right foot
5-6 Pivot ¼ to the left on right foot stepping left foot forward, kick right foot forward
&7-8 Step right foot back, step left foot back even with right foot, hold position and clap hands

STEP, TOUCH, SIDE SHUFFLE LEFT, CROSS ROCK STEP, SIDE SHUFFLE RIGHT WITH 1 ¼ ROLL

- 9-10 Step right foot forward slightly diagonal right, touch left toe next to right foot
11&12 Step left foot to left side, step right foot next to left foot, step left foot to left side prepping toe to the left
13-14 Cross rock onto right foot over left foot, shift weight back onto left foot prepping heel to the left
15&16 Shuffle to right side (right, left, right) rolling 1¼ turns to the right with the steps (now facing side wall, 3:00.)

Variation: step right foot to right side, step left foot next to right foot, step right foot to right side turning ¼ to the right with the step

LOCK STEP, FORWARD LOCK SHUFFLE, ROCK STEP, BACK SHUFFLE WITH 1½ ROLL

- 17-18 Step left foot forward, lock step right foot behind and left of left foot
19&20 Step left foot forward, lock step right foot up behind and left of left foot, step left foot forward
21-22 Rock forward onto right foot, shift weight back onto left foot prepping heel to the left
23&24 Shuffle back (right, left, right) rolling 1½ turns with the steps (now facing side wall, 9:00)

Variation: simply shuffle back (right, left, right) making a ½ turn to the right with the steps.

CHASE' FORWARD, JAZZ BOX WITH ¼ TURN

- 25-26 Step left foot forward, hold position
&27-28 Step on ball of right foot next to left foot, step left foot forward, hold position
&29-32 Step on ball of right foot next to left foot, step left foot forward, cross step right foot over left foot, step left foot back prepping heel to the left, pivot ¼ to the right stepping right foot to right side.(at this point you should be facing front wall 12:00)

RODEO KICKS, SAILOR STEP, KICK HITCH ¾ SPIRAL, LOCK SHUFFLE FORWARD

- 33-34 Kick left foot forward, kick left foot to left side
35&36 Step left foot behind right foot, step on ball of right foot to right, step left foot in place
37&38 Low kick right foot forward, hitch right knee starting ¾ spiral on left foot, hook right foot across left leg finishing spiral (now facing side wall, 9:00)
39&40 Step right foot forward, lock step left foot up behind and right of right foot, step right foot forward

SKATE, SKATE, LOCK SHUFFLE FORWARD, KICK & BALL, DOWN & UP

- 41-42 Slide forward on ball of left foot slightly diagonal left, slide forward on ball of right foot slightly diagonal right
43&44 Step left foot forward, lock step right foot up behind and left of left foot, step left foot forward
45&46 Kick right foot forward, step right foot next to left foot, touch ball of left foot forward
47&48 Bend both knees arching chest with shoulders and buttocks back, straighten knees and body, step left foot down shifting weight forward

REPEAT
