

# Can't Stop This Thing

**COPPER KNOB**  
STEPPERS

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Alan Birchall (UK)  
音樂: Can't Stop This Thing We Started - Bryan Adams



## KICK BALL CHANGE, SIDE SHUFFLE, ROCK, RECOVER, SIDE SHUFFLE

1&2      Kick right foot forward, step right by left, cross left over right  
3&4      Step right to right, step left by right, step right to right  
5-6      Rock back on left, recover on right  
7&8      Step left to left, step right by left, step left to left

## ROCK, RECOVER, STEP, ½ PIVOT, ½ SHUFFLE TURN, ROCK, RECOVER

9-10      Rock back on right recover on left  
11-12      Step forward on right, ½ pivot left (6:00)  
13&14      Make ½ triple turn left stepping right, left, right (12:00)  
15-16      Rock back on left, recover on right

## FULL TURN, STEP, TAP, LOCK STEP, BACK STRUT

17-18      Make ½ turn right stepping back on left, make ½ turn right stepping forward on right (12:00)  
19-20      Step forward on left, tap right behind left  
21&22      Step back on right, lock left over right, step back on right  
23-24      Touch left toe back, step down on left heel

## BACK STRUT, TOUCH, UNWIND, STEP, ½ PIVOT, CROSS, STEP

25-26      Touch right toe back, step down on right heel  
27-28      Touch left toe back unwind ½ turn left (6:00)  
29-30      Step forward on right, ½ pivot left (12:00)  
31-32      Cross right over left, step left to left

## WEAVE, UNWIND, CROSS SHUFFLE, CROSS, ROCK, RECOVER

33-34      Cross right behind left, step left to left  
35-36      Cross right over left, unwind ½ turn left (6:00)  
37&38      Cross right over left, step left to left, cross right over left  
39-40      Rock left to left, recover on right

## BEHIND, SIDE, IN FRONT, POINT, CROSS, SIDE SHUFFLE, BEHIND, POINT

41&42      Cross left behind right, step right to right, cross left over right  
43-44      Point right to right, cross right over left  
45&46      Step left to left, step right by left, step left to left  
47-48      Cross right behind left, point left to left

## SAILOR STEP, STEP 1/8TH TWICE, CROSS, ¼ TURN

49&50      Cross left behind right, step right to right, step left in place  
51-52      Step forward on right 1/8th pivot left  
53-54      Step forward on right 1/8th pivot left (3:00)  
55-56      Cross right over left, make ¼ turn right stepping left to left (6:00)

## ½ SHUFFLE, STEP, ½ PIVOT, ¼ SHUFFLE, ROCK RECOVER

57&58      Make ½ triple turn right stepping right to right, step left by right step forward on right (12:00)  
59-60      Step forward on left, ½ pivot right (6:00)  
61&62      Making ¼ turn right step left to left, step right by left step left to left (9:00)

63-64

Rock back on right, recover on left

**REPEAT**

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