

Can't Stop My Heart

COPPER KNOB
STEPPERS

拍數: 32 牆數: 2 級數: Beginner cha cha
編舞者: Ingemar Kardeskog (SWE)
音樂: Can't Stop My Heart - Brooks & Dunn



SIDE, BREAK, RECOVER, CHASSE, BREAK, RECOVER, BASIC FORWARD

1 Step right to right side
2-3 Rock left over right, recover to right
4&5 Step left to left side, & close right beside left, step left to left side
6-7 Rock right behind left, recover to left
8&1 Step right forward & close left beside right, step right forward

TURN ¼ RIGHT, CROSS SHUFFLE, SWAY TWICE, CHASSE

2-3 Step left forward, turn ¼ onto right
4&5 Step right to right side & cross left across right, step right to right side
6-7 Sway to right side, sway to left side (weight on left on count 7)
8&1 Step right to right side & close left beside right, step right to right side

BREAK, RECOVER, TRIPLE ½ TURN, BREAK, RECOVER, ¼ CHASSE TURN

2-3 Rock left behind right, recover to right
4&5 Turn ¼ stepping left to left side & close right beside left, turn ¼ stepping left forward
6-7 Rock right forward, recover to left
8&1 Turn ¼ right stepping right to right side & close left beside right, step right to right side

STEP ½ TURN, BASIC FORWARD, BREAK, RECOVER, SIDE, TOGETHER

2-3 Step left forward, turn ½ right onto right
4&5 Step left forward & close left beside right, step left forward
6-7 Rock right over left, recover to left
8& Step right to right side & close left beside right

REPEAT
