

# Can't Stop It

拍數: 32      牆數: 0      級數:  
編舞者: DJ Dan (NL) & Wynette Miller (NL)  
音樂: Can't Stop My Heart - Brooks & Dunn



**Position: Right Side-By-Side. Same footwork**

## STEP FORWARD WITH HIP BUMPS, SHUFFLE FORWARD; TWICE

1-2            Step right forward bump hips forward, bump hips back  
3&4            Shuffle forward stepping right, left, right  
5-6            Step left forward bump hips forward, bumps hips back  
7&8            Shuffle forward stepping left, right, left

## ROCK STEP FORWARD, TRIPLE ¼ TURN; ROCK STEP FORWARD, CHASSE

1-2            Rock right forward, recover weight onto left  
3&4            Triple ¼ turn right stepping right, left, right, OLOD

### Indian Position

5-6            Rock left forward, recover weight onto right  
7&8            Step left to left side, step right next to left, step left to left side

## ROCK STEP FORWARD, CHASSE ¼ TURN; ROCK STEP FORWARD, COASTER STEP

1-2            Rock right forward, recover weight onto left  
3&4            Step right to right side, step left next to right, step right ¼ turn right, RLOD

### Left Side-By-Side position

5-6            Rock left forward, recover weight onto right  
7&8            Step left back, step right next to left, step left forward

## STEP FORWARD, ½ PIVOT, SHUFFLE FORWARD; WALK, WALK, SHUFFLE FORWARD

1-2            Step right forward, pivot ½ turn left

### Right Side-By-Side position

3&4            Shuffle forward stepping right, left, right LOD  
5-6            Step left forward, step right forward  
7&8            Shuffle forward stepping left, right, left

### Option lady:

#### Let go left hand, raise right hand

5-6            Make ½ turn right step left back, make ½ turn right step right forward

**REPEAT**