# Can't Stop



拍數: 44 牆數: 4 級數:

編舞者: Melissa M. Bartlett (UK) 音樂: Tulsa Time - The Tractors



#### **HEEL FANS**

1& Fan right heel out to side and back to place2& Fan left heel out to side and back to place

3& Lifting weight on to toes fan both heels out and back to place

4& Fan both heels out and back to place

### SIDE TAPS AND JUMPS WITH HITCH HOPS AND PIVOT

5&6 Tap right toe to side, bring back to place and send left toe to side

&7 Bring left back to place and jump fet apart

&8 Hitching left, hop on right foot, then jump feet apart &9 Hitching right, hop on left foot, then jump feet apart &10 Hitching left, hop on right foot, then jump feet apart &11 Hitching right, hop on left foot, then jump feet apart

&12 Unwind ½ turn over left shoulder

#### **HEEL TAPS AND HOOKS**

Tap right heel forward and back in place
Tap left heel forward and back in place
Tap right toe to side and back in place
Tap left toe to side and back in place

17&18& Right hook 19&20& Left hook

# SIDE TAPS AND JUMPS WITH HITCH HOPS

21&22 Tap right toe to side, bring back to place and send left toe to side

&23 Bring left back to place and jump fet apart

Litching left, hop on right foot, then jump feet apart
Hitching right, hop on left foot, then jump feet apart
Hitching left, hop on right foot, then jump feet apart

#### STOMP AND CLAP

27-28 Stomp right foot forward, clap hands

## 2 LEFT FOOT KICK-BALL CHANGES

29&30 Kick left foot forward, step down on left foot, step down on right foot 31&32 Kick left foot forward, step down on left foot, step down on right foot

# HIP ROLLS WITH 1/4 TURN LEFT

With weight on both feet swivel hips to the left for 4 beats, gradually make a ¼ turn to left

# HEEL TAPS, PIVOT TURNS

37&	Tap right heel forward and back in place
38&	Tap left heel forward and back in place
39&	Tap right toe to side and back to place
40&	Tap left toe to left side and back in place
41-42	Step forward on right foot, pivot ½ turn left

# **REPEAT**